

JOHNS HOPKINS MEDICAL INSTITUTIONS
Division of Pediatric Urology
1800 Orleans Street
Baltimore, MD 21287
DR. GEARHART'S
POST-OP CARE:
PYELOPLASTY

- **DRESSINGS:** Upon discharge your child will have a paper strip bandage over the incision site. This dressing will peel off on its own. After the dressing peels off it is not necessary to cover the incision site. The suture line will be hard to the touch and will bulge at different times, **THIS IS NORMAL** and may take up to 6 months to disappear.
- **NOTE:** Your child may have some blood in the urine for 2-4 weeks after discharge. This will gradually decrease and eventually disappear over time. These symptoms can be relieved by rest and increasing fluids.
- **BATHING:** If your child has Nephrostomy tube(s) you will need to cover the site(s) with plastic wrap like saran wrap while bathing/showering. Upon discharge your child may resume regular baths or showers, but for no longer than 5 minutes during the first 2 weeks post-op unless otherwise directed by your doctor. The paper strip dressing may get wet.
- **ACTIVITY:**
AVOID strenuous activity. Your child may ride in the car with the seat belt in their usual position and may walk up and down steps. Regular sporting activities may resume 6 weeks after surgery.
SCHOOL-your child may return to school and sit in class when he/she feels up to it. Gym and physical activity is **NOT** permitted for 1 month after discharge from hospital. Please request a note for your school excusing your child from gym, access to school elevator, and a second set of textbooks to be kept at home so as to avoid carrying heavy book bags.
- **MEDICATIONS:** Unless otherwise directed restart the pre-op antibiotics for 6 weeks post-op. For any discomfort give your child Ibuprofen as directed or other pain medications as ordered by your doctor.
- **POST-OP OFFICE VISITS:** Your child should be seen in the office 7-10 days after discharge, unless otherwise directed by your doctor. A Nephrostogram (an X-ray projecting dye throughout the nephrostomy tube) may be needed before the post-op visit. Please schedule an appointment by calling the office at 410-955-6108.
- **PLEASE CALL YOUR DOCTOR IF YOU NOTICE:**
 1. Fever over 101.5 degrees 48 hours after surgery
 2. Extreme pain (in the back/flank area), redness, discharge and/or bleeding at the incision site.
- **IF YOU HAVE ANY QUESTIONS:** Please call the clinic nurse Karen Spriggs at 410-614-6304, Monday through Friday 8AM-4PM.
AFTER HOURS OR IN THE CASE OF AN EMERGENCY, please call the residents on-call at 410-955-6070.