

JOHNS HOPKINS MEDICAL INSTITUTIONS
Division of Pediatric Urology
1800 Orleans Street
Baltimore, MD 21287
DR. GEARHART'S
POST-OP CARE:
HERNIA/HYDROCELE REPAIR

WHILE YOU ARE STILL IN THE HOSPITAL:

- Following surgery, after your son is fully awake, he will be encouraged to drink clear liquids.
- He will be discharged from the hospital when he is tolerating fluids. Nausea and vomiting are common after anesthesia and may last for 24 hours after surgery.
- Do not worry if you see a little spot of blood through the dressing or on the scrotum

UPON ARRIVAL HOME:

- **DIET:**
 1. You may feed your child clear liquids (juices, jell-o, broth) and advance as tolerated, no fried/fatty foods for at least a day after surgery.
 2. Do not force feed, especially if your child is nauseous. His appetite will return to normal with time.
- **DRESSING:**
 1. Upon discharge your child will have a clear, plastic bandage over the incision site. This dressing will peel off on its own. After the dressing peels off it is not necessary to cover the incision site. The suture line will be hard to the touch and will bulge at different times, **THIS IS NORMAL.**
- **ACTIVITY:**
 1. For **3 weeks** avoid bicycles, climbing bars, straddling toys, and similar activities. Do not carry your son on your hips.
 2. Your son may ride in the car with the seat belt in their usual position and may walk up and down steps.
 3. Your son may not go to school until after the post-op visit, unless directed by your doctor.
 4. If your son is in school. He will need to be out of gym class for 3-4 weeks.
- **MEDICATION:** For any discomfort give your child Ibuprofen as directed or other pain medications as ordered by your doctor.
- **BATHING:** Sponge bathe your child until post-op visit.
- **COMMON FINDINGS:**
 1. Bruising is **NOT** unusual and will disappear in a short period of time.
 2. The most common causes of post-op fevers are colds or ear infections.

PLEASE CALL YOUR DOCTOR IF YOU NOTICE:

- Fever over 101.5 degrees 48 hours after surgery
- Extreme pain, redness, and/or bleeding at the site.

POST-OP OFFICE VISITS: Your child should be seen in the office 7-10 days after discharge, unless otherwise directed by your doctor. Please schedule an appointment by calling the office at 410-955-6108.

IF YOU HAVE ANY QUESTIONS: Please call the clinic nurse Karen Spriggs at 410-614-6304, Monday through Friday 8AM-4PM.

AFTER HOURS OR IN THE CASE OF AN EMERGENCY, please call the residents on-call at 410-955-6070.