

JOHNS HOPKINS MEDICAL INSTITUTIONS
Division of Pediatric Urology
1800 Orleans Street
Baltimore, MD 21287
DR. GEARHART'S
POST-OP CARE:
CYSTOSCOPIC PROCEDURE

WHILE YOU ARE STILL IN THE HOSPITAL:

- Following surgery, after your child is fully awake, he/she will be encouraged to drink clear liquids.
- He/she will be discharged from the hospital when tolerating fluids. Nausea and vomiting are common after anesthesia and may last for 24 hours after surgery.
- Do not worry if you see a little spot of blood in diaper or underwear. You may notice a little blood tinged urine. This is to be expected for several days.

UPON ARRIVAL HOME:

- **DIET:**
 1. You may feed your child clear liquids (juices, jell-o, broth) and advance as tolerated, no fried/fatty foods for at least a day after surgery.
 2. Do not force feed, especially if your child is nauseous. His appetite will return to normal with time.
 3. AVOID orange juice, soda, iced tea until next post-op visit.
- **ACTIVITY:** As long as your child is comfortable he/she may resume regular activities and return to school the day after surgery. If he/she is uncomfortable he/she should be restricted from school and activities for a few days.
- **MEDICATION:**
 1. For any discomfort give your child Ibuprofen as directed or other pain medications as ordered by your doctor.
 2. Your child may have been prescribed antibiotics. Follow the instructions on the bottle for directions.
- **BATHING:** You may bathe/shower your child on the first post-op day.
- **COMMON FINDINGS:**
 1. You may notice a little blood tinged urine; this is to be expected for up to 7 days post-op.
 2. Your child may experience burning with urination for the first few post-op days. A warm bath without soap should relieve these symptoms.
 3. Encouraging plenty of fluids should also help relieve these symptoms.

PLEASE CALL YOUR DOCTOR: If eight hours has gone by and your child has not been able to urinate. A fever over 101.5 degrees. The most common causes of post-op fever are colds and ear infections. A fever is relatively normal 24 hours after anesthesia.

POST-OP OFFICE VISITS: Your child should be seen in the office 7-10 days after discharge, unless otherwise directed by your doctor. Please schedule an appointment by calling the office at 410-955-6108.

IF YOU HAVE ANY QUESTIONS: Please call the clinic nurse Karen Spriggs at 410-614-6304, Monday through Friday 8AM-4PM.

AFTER HOURS OR IN THE CASE OF AN EMERGENCY, please call the residents on-call at 410-955-6070