A Hunk of Burning Fat

Adiponectin-Cre; Tdtomato/GFP Brown Adipocytes

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Adipose Tissue Energetics

White Adipose Tissue:

- Storage.
- •~5% resting metabolic rate.
- •Oxidative Stress->inflammation-> insulin resistance.

Brown Adipose Tissue:

- Thermogenesis.
- •Uncoupling (UCP1).
- •Browning of white.
- Eat cake-be hot.





Thermogenic chemicals are killer weight loss drugs

Eloise Aimee Parry, 21, Dies From Taking 'Diet Pills': What Is Dinitrophenol (DNP)?

The Huffington Post UK | By Natasha Hinde

Posted: 21/04/2015 10:44 BST | Updated: 21/04/2015 10:59 BST

Eloise Aimee Parry, a 21-year-old student, has died after taking <u>"diet pills"</u> she purchased on the internet.

<u>On 12 April, Parry passed away in hospital</u> after accidentally taking a lethal dose of dinitrophenol (DNP), a "very dangerous" chemical traditionally used in a range of industrial processes.

The student from Shrewsbury began to feel unwell around lunchtime and reportedly felt like she was "burning up from the inside". That afternoon, she died.



Conditional KO of CPT2



Lee J, Ellis JE, Wolfgang MJ. Cell Reports 2015; 10:266-279

Adipose fatty acid oxidation is required for acute cold-induced thermogenesis



Loss of adipose fatty acid oxidation does not alter body weight



Loss of adipose fatty acid oxidation does not improve glucose intolerance.



Brown Adipose Tissue: Birth, Death and Resurrection

Mice lacking mitochondrial uncoupling protein are cold-sensitive but not obese

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Thermoregulatory and metabolic phenotypes of mice lacking noradrenaline and adrenaline

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Cell Metabolism Short Article

UCP1 Ablation Induces Obesity and Abolishes Diet-Induced Thermogenesis in Mice Exempt from Thermal Stress by Living at Thermoneutrality

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Ambient temperature impacts physiology



- Standard housing generates a cold stress
 - Increased food intake
 - Increased Energy Expenditure
- Housing mice at thermoneutrality suppresses these phenotypes.
- Unclear exactly why thermoneutrality increases obesity in Ucp1KO mice.



Kokolus KM, Repasky EA et al. PNAS 110(50) 2013

Adipose fatty acid oxidation is dispensable for overall energy expenditure.



Loss of BAT in Cpt2^{A-/-} mice following 12 weeks at thermoneutrality

Lox/Lox Cpt2^{A-/-}



Interscapular BAT 30°C HF diet



Thermoneutrality does not make Cpt2^{A-/-} mice obese prone



Conclusions

- There is an autonomous requirement for adipose fatty acid oxidation in cold induced thermogenesis.
- Loss of adipose fatty acid oxidation does not result in changes in body weight or diabetes at any temperature.
- Loss of fatty acid oxidation alters fuel use without affecting overall energy expenditure.
- Does increasing brown adipose tissue mass have therapeutic potential for obesity or diabetes?

References:

Lee J, Ellis JE, Wolfgang MJ. *Cell Reports* 2015; 10:266-279 Lee J, Choi J, Aja S, Scafidi S, Wolfgang MJ. *Cell Reports* 2016; 14:1308-16 Lee J, Choi J, Scafidi S, Wolfgang MJ. *Cell Reports* 2016; In press

Is there a therapeutic potential for increasing brown/beige adipocytes?

Control

Knockout





Only 10 days of treatment transforms white adipose tissue into a fat burning machine.

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