SEPSIS AWARENESS AND PREVENTION



THE TIME TO STOP SEPSIS IS NOW.

A 2023 survey of more than 1,000 Johns Hopkins Medicine patients found:



did not feel confident that they knew the early signs of sepsis.



had sepsis or knew someone who had sepsis.

Sepsis facts: Sepsis is a life-threatening condition caused by the body's extreme response to an infection.



1.7 million adults in the U.S. develop sepsis every year.



350,000 adults die or are moved to hospice as a result.



Up to 50% of sepsis survivors suffer from long-term physical and/or psychological effects.

SYMPTOMS OF SEPSIS



FEVER



SEVERE CHILLS WITH SHAKING



CONFUSION



SLURRED SPEECH



RAPID HEARTBEAT



SHORTNESS OF BREATH



CLAMMY/SWEATY SKIN



SKIN RASH



NO URINATION FOR 12 HOURS OR LONGER



EXTREME PAIN/ MUSCLE DISCOMFORT

PREVENTION



WASH YOUR HANDS



KEEP CUTS CLEAN AND COVERED UNTIL HEALED



MANAGE CHRONIC CONDITIONS





ACT FAST

Anyone with sepsis symptoms should get immediate medical attention. Treat it as a medical emergency. If you continue to get worse or are not healing after an infection, ask your doctor about sepsis.

Wash your hands. Stop infection. Stop sepsis.

