Caring for Your G / J Tube
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Four Steps for Performing Infusions:

1. Practice good hand-washing
2. Prepare Supplies
3. Remove Dressing & Clean Site
4. Apply Dressing

STEP 1: PRACTICE GOOD HAND-WASHING

☐ Always remember to WASH YOUR HANDS for a full 20 seconds when instructed.

STEP 2: PREPARE SUPPLIES

☐ Clean workspace with cleaning solution. WASH HANDS.

☐ Gather the following supplies and place at your workspace: 1 Bottle of Hydrogen peroxide; 1 bottle of sterile water or NS; 2 SXS split gauze; 1 Roll of 2 inch paper tape; 2 alcohol pads; 6 sterile Q-Tips; 1 small plastic bag for trash.

☐ Prepare supplies on the clean work area. WASH HANDS.

STEP 3: REMOVE DRESSING AND CLEAN SITE

☐ Remove the gauze dressing and tape and place in trash bag. WASH YOUR HANDS.

☐ Clean the insertion site in circular fashion moving outwards away from tube with 3 Q-Tips dipped in Hydrogen Peroxide.

☐ Clean the insertion site in circular fashion moving outwards away from tube with 3 Q-Tips dipped in Sterile water or Normal Saline. WASH YOUR HANDS.

STEP 4: APPLY DRESSING

☐ WASH YOUR HANDS.

☐ Apply the two split gauze around the tube one above and one below the tube and secure with tape in a window fashion.

☐ Open the alcohol pads and wipe around the dressing on the skin and allow to dry. Repeat X1.

☐ WASH HANDS.

Congratulations, you have completed the dressing change and care!!

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