

Referral Criteria for Heart Failure Evaluation

WHEN SHOULD YOU REFER FOR...

An evaluation of underlying cause of heart failure?

- Possible cardiac amyloid
- Sarcoid
- Genetic cardiomyopathy
- Myocarditis

Advanced therapies evaluation?

- Failing GDMT
- Persistent NYHA III-IV symptoms
- Symptomatic hypotension, SBP < 100, narrow pulse pressure
- Rising creatinine and total bilirubin (indicating worsening kidney and liver function)
- Arrhythmias or ICD shocks
- ED visits or hospitalizations
- Clinical deterioration (worsening symptoms, echo or biomarkers)
- Persistently low EF (< 30%) despite medical therapy
- Echo deterioration (RVSP > 40 mmHg, EF declining)
- Evidence of low cardiac index on RHC (< 2.0 L/min/m²)
- Exercise testing demonstrates a pVO₂ = 15 ml/min/kg

