

Voice Therapy Procedure

What does voice therapy involve?

Prior to starting therapy, a detailed voice evaluation is conducted with a speech pathologist in order to develop therapy goals that are specific to the patient. Based on results of the evaluation, voice therapy may include:

- Education on how to take care of the voice and avoid misuse
- Breath support/control techniques
- Vocal exercises targeting specific abnormalities observed during videostroboscopy and/or voice evaluation

Where do I go for therapy?

- Therapy is offered in our Columbia and Glen Burnie offices.

How long is therapy?

- Therapy is once a week for 4-6 consecutive weeks.(Please note: If you miss your therapy for more than one week - you will have to start over from week one)
- Each session lasts 45-60 minutes.
- Completing a **daily** home program of exercises is required to achieve maximal gains. This takes 15-20 minutes per day.

Cancellation Policy/Missed Appointments

- **CANCELLATION POLICY:** If you do not cancel your appointment within 24 business hours of your scheduled appointment you will be charged a \$50.00 fee.
- **MISSED APPOINTMENTS:** For each missed appointment you will be charged a \$50.00 fee. If you miss three appointments you may be dismissed from the practice.

Print Patients Name

Patients Signature

Witness

____/____/____
Date