Disability is an intersectional, individualized experience, so no list can ever fully capture the experience of being disabled in America. We acknowledge that people are not resources - they are people. We share their writings, scholarship, and lived experience with you here, but they are not objects for our consumption.

Books

Emily Ladau, "Demystifying Disability: What to know, What to say, and How to be an Ally"

Jay T Dolmage, “Academic Ableism” free on audible

Alice Wong (Editor), “Disability Visibility: First-Person Stories from the Twenty-First Century”

Sins Invalid, “Skin, Tooth, and Bone: The Basis of Movement is Our People (A Disability Justice Primer)”


Videos

Dr. Stephanie Van video interview - Blindness & Blackness - featuring Thomas Reid (part 1) [CC] [AD]

Barnard Center for Research on Women
My Body Doesn’t Oppress Me, Society Does - ft. Stacey Milburn & Patty Berne

Ted Talk: Stella Young, "I'm not your inspiration, thank you very much"
https://www.youtube.com/watch?v=8K9Gq164Bsw

Let’s Talk about Ableism: ft. Imani Barbarin -
https://www.youtube.com/watch?v=jvbYkvkvjds

Is it okay to say disabled? Ft. Keah Brown and Blair Imani
https://www.youtube.com/watch?v=OR7o4NFcfZI&list=PLnCyCu8Cfv59VztUb0zwqePMITlBEbEn8&index=1
Not special needs: for World Down Syndrome Day
https://www.youtube.com/watch?v=kNMJaXuFuWQ

Tools for Aspiring Allies

University of Tulsa "Be an Ally" poster: https://accessibility.utulsa.edu/accessibility-resources/poster-be-an-ally/


Crip Camp Curriculum - https://cripcamp.com/curriculum/ (English & Spanish)

Health Justice Commons - https://www.healthjusticecommons.org/principles

Disability Medicine Resources

Stanford’s Healthcare and Disability Annual Conference: https://med.stanford.edu/smadie.html

Medical Industrial Complex Visual by Mia Mingus
https://leavingevidence.wordpress.com/2015/02/06/medical-industrial-complex-visual/

Moving toward a more inclusive physiatry workforce: Authors from Mount Sinai, Brigham and Women’s, Spaulding/Harvard, UC Davis, and others, how medicine and particularly the field of PM&R should be doing more to recruit from a more diverse pool of learners and trainees, including students with disabilities:

Evidence from the scientific and academic literature that, given accommodations, learners with differences and disabilities can do quite well and bring a breadth of new and enriching knowledge and perspectives to a field of study (even here at Hopkins:
https://journals.lww.com/academicmedicine/Fulltext/2022/03000/Establishing_a_Dep_and_American_Sign_Language.20.aspx