



Islamophobia

What is it?

- Sahar F. Aziz. [*The Racial Muslim: When Racism Quashes Religious Freedom*](#). University of California Press, 2021.
- Khaled A. Beydoun. [*American Islamophobia: Understanding the Roots and Rise of Fear*](#). University of California Press, 2019.
- Council on American-Islamic Relations. [Islamophobia 101](#).
- Institute for Social Policy and Understanding. [Online Courses](#).
- Kevin L. Nadal et al. “Subtle and Overt Forms of Islamophobia: Microaggressions toward Muslim Americans” *Journal of Muslim Mental Health* 2012; 6(2). doi: [10.3998/jmmh.10381607.0006.203](#)
- Muhammad Kamran Sufi and Musarat Yasmin. “Racialization of public discourse: portrayal of Islam and Muslims.” *Heliyon*. 2022 Dec; 8(12): e12211. doi: [10.1016/j.heliyon.2022.e12211](#)
- The University of Chicago. The Center for Middle Eastern Studies. [Media Representations, Negative Stereotypes, and Islamophobia](#).

How to Be an Ally

- Council on American-Islamic Relations. [Become an Ally](#).
- Council on American-Islamic Relations. [Monitoring and Combatting Islamophobia](#).
- Institute for Social Policy and Understanding. [Countering and Dismantling Islamophobia: A Comprehensive Guide for Individuals and Organizations](#).

How to Talk to Children

- The National Child Traumatic Stress Network. [Talking to Children about War](#).
- The National Child Traumatic Stress Network. [Talking with your Children about Islamophobia and Hate-Based Violence](#).
- National Public Radio. [How to talk to children about the violence in Israel and Gaza](#).