



PPP is a transitional pain program designed to help you **before, during** and **after** surgery.



Connect with **PPP**

Visits can be in-person or by telehealth (phone or computer).

Contact us today. Our staff can answer your insurance and billing questions.

410-955-5608
PPP@jhmi.edu


Visit HopkinsMedicine.org/PPP to meet our team, prepare for your visit and learn more about pain management.



PERSONALIZED PAIN PROGRAM



REDUCE PAIN
IMPROVE FUNCTION
RECOVER BETTER



What is the Personalized Pain Program?

We are a special program for people who take medication for pain and are having surgery. Surgery may change your pain medication needs. Our team of pain experts have different medical, mental health and wellness skills to help you at this unique time. We know how to manage pain medication needs **before, during and after surgery.** We will develop a pain treatment plan tailored to your needs with input from you and your whole health care team. By working together, we will help to **reduce pain, improve function** and **recover better.**

Together We Will...

- **Review** your functional status and your goals for improvement
- **Discuss** your quality of life and what areas to focus on
- **Assess** your medication plan and revise it as needed
- **Address** your concerns
- **Answer** your questions
- **Agree** on a treatment plan
- **Monitor** your progress

While each PPP patient is unique, we have developed a process that has helped hundreds of patients recover better, and improve their quality of life. **We will develop a plan that is right for you.**

Contact us today!
410-955-5608



Together We Can...

Reduce Pain

We will work with you to find the best ways to reduce your pain and side effects. We will decide together when to reduce or even stop pain medicines.

Improve Function

Chronic pain can disrupt normal activities of daily life. We will explore coping skills and work toward getting you back to doing the things that are important to you.

Recover Better

Recovery after surgery is different for each person. No one treatment plan works for everyone. We will work with you and your health care team to guide you toward recovery.

