

OPAT Teaching Plan

Topic: Outpatient Parenteral Antibiotic Therapy (OPAT)		
Patient Facing Language: _____ (add to handouts and videos if applicable)		
Point	Description	Handout/Video
Overview of OPAT Therapy	<ul style="list-style-type: none"> Define OPAT acronym (Outpatient Parenteral Antibiotic Therapy) and services provided at: <ul style="list-style-type: none"> Home Health Skilled Nursing Facility (SNF) Services include: <ul style="list-style-type: none"> Pharmacy support Lab monitoring Clinical follow up with patient's ID Provider IV line care 	<ul style="list-style-type: none"> Handout: OPAT Introduction Video: The Patient Experience
Diagnosis	<ul style="list-style-type: none"> Identify the type of infection requiring therapy and location of the infection 	
Treatment	<ul style="list-style-type: none"> Discuss what medication has been prescribed, dose, frequency and importance of timely administration Describe why the medication has been prescribed Discuss potential side effects of the medication Discuss potential length of treatment Describe administration route (long term IV access) and rationale for IV Describe how to care for the IV line: Keeping the line safe How to care for the dressing 	Handouts & Videos: Infusion Resources by device
Lifestyle Management	<ul style="list-style-type: none"> Daily living activities: Work Exercise Bathing/Showering Work around the home Travel—how to get around with the line Pets Allowable outdoor activities Lifting restrictions 	<ul style="list-style-type: none"> Handout: Bathing Video: Bathing
When to call for help	<ul style="list-style-type: none"> Signs of infection: Painful Red Drainage Fever Line issues: Line starts to come out Bleeding around the line Arm swelling Loose dressing Rash Infusion issues: Any issues infusing the medicines Issues working the pump (pump keeps beeping) Loss of appetite, abdominal pain, diarrhea If patient has any questions or concerns 	
When to go to the ED	<ul style="list-style-type: none"> Bleeding that does not stop Confusion High fever Shortness of breath Chest pain 	
Who to call	<ul style="list-style-type: none"> If patient is at a SNF: Call their provider caring for them at the SNF If patient is at home: <ul style="list-style-type: none"> and is having a problem with the line, to call the home care agency and is having trouble getting the medicine or trouble shooting the medicine, to call the Home Infusion Pharmacy Line and is having a fever or reactions to the medicine, to call their infectious disease physician and does not know who to call, to call their home health nurse and infectious disease physician 	
Discharge to Home Health		Handout
Discharge to a SNF		Handout