



Community Update

from your friends at Johns Hopkins Bayview Medical Center

February 2023

Community Calendar and Educational Information

Community Partners Call

Discussion from hospital staff on topics relevant to the hospital's preparation and readiness.

Friday, February 3, 10, 17 and 24 at 11 a.m.

Join Dr. Panagis Galiatsatos

Via Zoom at

<https://jhjh.zoom.us/j/94256166273>

Meeting ID: 942 5616 6273 or

Dial in: (301) 715-8592 - Participant code:

94256166273#

Postpartum Support Group

A free, virtual support group for moms with new babies.

Thursdays, 11 a.m. to noon

For more information, or the Zoom link,

email sdaly9@jh.edu.

Breast Cancer Support Group

For those in inactive or post treatment. The program offers guest speakers, and an opportunity to share one's experience, compassion and support. Attendees are welcome to bring a family member or friend.

Fourth Thursday monthly, from 6 to 8 p.m., Francis Scott Key Pavilion, at the Medicine Education Center.

Call 410-550-6690 to register, or for more information.

American Red Cross Blood Drive in Your Community

February 16, from 1 to 6:00 p.m.

Dundalk American Legion, Post 38,
3300 Dundalk Avenue

To schedule an appointment, visit

redcrossblood.org

American Red Cross Blood Drive at Johns Hopkins Bayview, Asthma & Allergy Cntr

February 20, from 7:30 a.m. to 2 p.m.

February 23, from 7:30 a.m. to 5 p.m.

February 24, from 7:30 a.m. to 2:30 p.m.

To schedule an appointment, visit

redcrossblood.org



Save the date: Wednesday, February 8, 2023

Welcome & introductions 1:30 PM

Location: Reginald F. Lewis Museum

Details: Visit website below to register.

<https://web.cvent.com/event/fa96b5d0-64d8-4382-bb13-53c612e74c0b/summary?RefId=Newsletter>

Join the SNF Agora Institute for the third annual **Elijah E. Cummings Democracy and Freedom Festival**, a free event bringing together scholars, practitioners, and the community to grapple with democratic challenges and celebrate democratic resilience.

National Donor Day – February 14th

On Valentine's Day, traditionally, we share our feelings of love with heart-shaped boxed chocolates, cherub cards and pastel-colored conversation heart candies. Did you know February 14th is also National Donor Day?

National Donor Day is a time to focus on all types of organ donation—eye, tissue, blood, platelets and marrow. This is also a day to recognize our loved ones who have given the gift of donation, have received a donation, are currently waiting or did not receive an organ in time. To become an organ donor, visit thellf.org and click on "Register to be a Donor."

National Burn Awareness Week

February 5 - 11

Did you know that nearly 80 percent of all burns are preventable? Johns Hopkins Bayview Medical Center, home to the Johns Hopkins Burn Center, is committed to educating the community about burn prevention and fire safety. While the Burn Center is prepared to treat a wide range of burns, staff would rather prevent burn injuries from happening in the first place.

The Johns Hopkins Burn Center Fund allows community relations staff to provide fire and burn prevention education throughout the year.

- Educational materials are distributed at health fairs and community meetings, including sun safety tips and burn prevention during the holidays. Fire safety-themed items, such as coloring books, are given to school-aged children.
- Women who have a baby at Johns Hopkins Bayview are discharged with a "Safe Baby Kit," which includes a heat-sensitive baby spoon, spill-proof thermal travel mug and a bathtub thermometer.
- Burn Center nurses also provide burn prevention education to older adults.

If your community group or organization is interested in burn or fire prevention education, call the community relations department at 410-550-0289.

February Has Heart

American Heart Month brings attention to the dangers of heart disease and educates the public about lifestyle habits that can potentially prevent it.

Teaching children heart healthy habits can have life-long benefits. The American Heart Association offers some tips to help instill life-long, heart healthy habits in children.

- Parents need to be a good role model for their children. Children will notice the effort their parents are making to lead healthier lives.
- Set realistic goals that a child can reach. Reward the child for reaching a goal without using food or video games. Many times verbal praise will be all he or she needs!
- Involve the entire family in activities like hiking, kick ball or simply taking a walk. Doing activities together as a family is time well spent!
- Find a physical activity that the child likes. If they really like the activity they are participating in they'll be more likely to stick with it.

Johns Hopkins Neighborhood Fund

Grant Applications Deadline March 16



The Johns Hopkins
Neighborhood Fund

Are you involved with a local nonprofit? You may be able to get additional funding through Johns Hopkins Neighborhood Fund (JHNF). Created in 2007, JHNF supports nonprofit organizations that both serve the communities in close proximity to Johns Hopkins campuses, and are associated with Johns Hopkins through employee or institutional involvement.

JHNF helps local 501(C)(3) nonprofit organizations build stronger neighborhoods by addressing needs in areas of:

- community revitalization
- education
- employment
- health
- public safety

Background:

<https://hr.jhu.edu/benefits-worklife/community-engagement/johns-hopkins-neighborhood-fund/>
Applications are available at:

<https://portal.neighborlysoftware.com/jhu/participant>
Grant Writing Workshop February 1, 12:30 – 1:30 PM

Organizations applying for JHNF grants must:

- hold a 501(c)(3) designation or use a 501(c)(3) as a fiscal agent;
- focus on one of the five areas of need listed above;
- be associated with Johns Hopkins through institutional, employee, retiree, or student involvement; and
- deliver service to communities within a three-quarter mile radius of any Johns Hopkins campus in Baltimore City.

If you have any questions, contact
communityprograms@jh.edu.

Community Update is published 11 times a year by the Community Relations Department. **Selwyn Ray, J.D.**, director; **Melanie Smith**, editor; **Sara Baker, April Meise, Elaine Welkie**, contributors. **Phone:** 410-550-0289; **Web:** hopkinsmedicine.org