

Preparing for Outpatient Surgery

Welcome

Thank you for selecting Suburban Hospital for your upcoming surgery. Our goal is to make your surgical experience as smooth and comfortable as possible. To help you and your family prepare for your procedure, please review the following important information.

Pre-Registration

Your surgeon's office will confirm your surgery date and time at Suburban Hospital and provide you with information to pre-register. You can pre-register with Suburban in one of two ways:

1. Online at forms.jh.edu/view_jhm.php?id=145437
2. By phone: You will receive a call from the Pre-Registration Department. Please be prepared to provide the following information:
 - Your full name (exactly as it appears on your driver's license and/or government-issued ID)
 - Address
 - Telephone numbers
 - Primary and secondary contact information
 - Complete insurance information from all your plans
 - Name and telephone number of your primary care physician

Please let us know if you are deaf or hard of hearing and require a sign language interpreter so we can arrange services for you. If you plan to arrive with a service animal, here is what you [need to know](#) when staying with us.

If you need to contact the Pre-Registration Department, please call **301-896-2222**.

Pre-Surgical Testing

- A complete history and physical exam are required within 30 days of your scheduled surgery date. Please schedule an appointment with your primary care provider for your medical history, physical and any pre-surgical testing. ***Be certain to have all test results faxed to Suburban Hospital's Pre-Surgical Testing Center at 301-896-7345 within 30 days of your procedure.***
- Suburban Hospital's Pre-Surgical Testing Center offers appointments Monday through Friday to complete required EKG and lab testing. If your surgeon has requested that you be "type and screened" or "type and cross-matched" for blood products, this must be done at Suburban Hospital. To arrange an appointment, call our scheduling and registration staff at **301-896-2222**.
- You will receive a call from a Pre-Surgical Testing Center nurse within two days of your surgery to review your medical history, obtain a list of your home medications, provide additional instructions and answer any questions. If you need to contact the Pre-Surgical Testing Center, call **301-896-2019**.

[Preparing for Admission](#) (click for more information)

Day of Surgery

- Shower using an antibacterial soap such as Hibiclens or Dial.
- Follow the pre-surgical instructions your surgeon provided about eating, drinking and taking your medications.
- Avoid swallowing water if you brush your teeth.
- Do not apply makeup, cologne, body lotions or powders.
- Remove all jewelry, including body piercings and wedding rings, as well as wigs and hair accessories.
- Leave all valuables at home.
- Wear comfortable, loose-fitting clothes and shoes.
- Bring your eyeglasses or a case and solution for your contact lenses. Contacts **may not** be worn during your procedure.
- Wear your hearing aid, and bring a case where you can store it.
- You may wear dentures, but be prepared to remove them before your procedure. Bring a case to store your dentures.
- Leave all medications at home. Instead, please bring a list of all medications, including information about dosage and administration times. You will likely be asked about your medications several times by different personnel the day of your procedure. Keeping an accurate, up-to-date list can be helpful.
- Bring radiology films and discs and your CPAP machine.
- Bring a copy of your completed [Advance Directives or Medical Orders for Life-Sustaining Treatment](#) (MOLST), if you choose.
- Bring your driver's license or picture ID, insurance card and modes of payment for parking and hospital charges.
- Prearrange child care if possible. Children under 12 are generally not permitted on the surgical unit and cannot be left unattended in the waiting room. Please review the [current visitation policy](#).
- Prearrange a ride home with a responsible driver 18 years of age or older. You may not drive or take a bus or taxi service home unless accompanied by a responsible adult.
- Please arrive at your instructed time. Allow time for traffic and parking.
- If delayed, please contact the Preoperative Holding Unit at **301-896-3090**.

[Preparing for Discharge](#) (click for more information)

MyChart

MyChart is a free, secure portal that provides up-to-date medical information about your care. [Learn more](#), and [click here to access your account](#).

Billing Information

Before your surgery, Suburban Hospital's Financial Counseling Department will work with your surgeon's office to verify your benefits and get any authorizations needed by your insurance plan. Be sure to give us your complete insurance information for all insurance plans, including Medicare and Medicaid. Suburban Hospital will bill directly to your health insurance carrier. We will send you a notice that we filed your claim, along with a summary of all hospital charges.

If you do not provide complete information at the time of service, you or a guarantor is responsible for the bill. Charges not covered by insurance are also the responsibility of the patient/guarantor or his/her representative. See the [Billing and Insurance](#) page to learn more.

[Directions, Parking and Amenities](#) (click for more information)