

Title: Adult Liver Transplant (Synonyms: Living Donor Liver Transplant, Deceased Donor Liver Transplant)	Education Sheet	Krames direct link	Video
<p>Topic: Living with My Transplant Point: Follow-Up After Transplant Description: Educate the patient/family about when to call the post-transplant coordinator and contact information for additional transplant team members (pharmacist, social worker, home care coordinator).</p>	Liver Handbook page 3-4		
<p>Description: Educate the patient/family about blood work and clinic visit schedules, including appropriate locations for blood work, clinic location, and expectations for clinic visits.</p>	Liver Handbook page 5		
<p>Description: Educate the patient/family about incision and drain care, including logging of output and signs/symptoms to report to Transplant Coordinator.</p>	<p>Liver Handbook page 15, 31(log)</p> <p>SURG010 Appendix C: Jackson-Pratt (JP) Drain Care at Home: Handout</p>		<ul style="list-style-type: none"> • JP drain
<p>Point: Lifestyle Changes Description: Educate patient/family/caregiver about general list of lifestyle changes after transplant (including activity considerations, taking care of teeth and gums, herbal supplements, prescription refills, safer sex/contraception, international travel, skin cancer risk, social concerns, and hydration)</p>	Liver Handbook page 6, 15-18		
<p>Topic: Avoiding Infection after Transplant Point: Risk for Infection after Transplant Description: Educate patient/family/caregiver about immunocompromised status after transplant and expectations regarding logging vital signs and monitoring incision daily.</p>	<p>Liver Handbook page 7-11 Liver Handbook page 27 (log)</p>		
<p>Description: Educate patient/family/caregiver about common infections after transplant (Cytomegalovirus</p>	Liver Handbook page 11		

and Epstein-Barr virus) including symptoms and level of risk.			
Point: Infection Prevention Strategies Description: Educate patient/family/caregiver about infection prevention practices including hand washing, immunization, nutrition and food safety.	Liver Handbook page 7-10		
Description: Educate patient/family/caregiver about anti-infection medications (Bactrim, Valcyte, Nystatin).	Liver Handbook page 12		
Topic: Organ Rejection after Transplant Point: Signs and Symptoms Description: Educate patient/family/caregiver about signs and symptoms of infection and when to notify Transplant Coordinator.	Liver Handbook page 13-14		
Description: Educate patient/family/caregiver about types of transplant rejection (cellular rejection and antibody-mediated rejection) including typical treatment plans.	Liver Handbook page 13		
Point: Anti-rejection medications Description: Educate patient/family/caregiver about anti-rejection medications (Prograf, CellCept, Prednisone)	Liver Handbook page 14		
Topic: Other Potential Complications Point: Common Complications After Liver Transplant Description: Educate patient/family/caregiver about common complications after liver transplant, including low or high blood pressure, recurrent liver disease, cancer, high cholesterol, and diabetes.	Liver Handbook page 20-23		