

| Title: Adult Live Kidney Donor (Synonym: Donor Nephrectomy) | Education Sheet | Krames direct link | Video |
|--|------------------------------------|--------------------|-------|
| <p>Topic: Recovery After Discharge Point: Follow-Up After Donation Description: Educate the patient/family about when to call the transplant team and contact information for the social worker.</p> | Kidney Donation Pamphlet page 4 | | |
| <p>Description: Educate the patient/family about blood work and clinic visit schedules, including location for blood work and clinic.</p> | Kidney Donation Pamphlet page 3 | | |
| <p>Description: Educate the patient/family about incision care, including signs/symptoms to report to the transplant team.</p> | Kidney Donation Pamphlet page 2, 4 | | |
| <p>Point: Activity and Restrictions After Discharge Description: Educate the patient/family about resuming activities and diet after discharge.</p> | Kidney Donation Pamphlet page 2 | | |
| <p>Description: Educate patient/family/caregiver about important long-term restrictions after donation (including Tylenol for pain, avoiding IV contrast, and avoiding herbal supplements).</p> | Kidney Donation Pamphlet page 3 | | |