

Personal Care Private Duty Home Care Agencies

Potomac Home Support an affiliate of Suburban Hospital	301-896-6990 (Dial ext. 6990 from inside the hospital)	www.phhc.org
A Home Made Plan (formerly Angels of Care)	240-283-4783	www.ahomemadeplan.com
A-1 Action Nursing Care	301-890-7575	www.A1actionnursingcare.com
Advanced Nursing & Home Support	240-430-1500	www.advancedhomesupport.com
Adventist Home Assistance (and Choice Nursing)	301-592-4500	www.adventisthealthcare.com
Afbrima Home Care	240-403-7882	www.afbrimahomecare.com
Assisting Hands of Potomac	301-363-2580	www.assistinghands.com/potomac
At Home Care Inc.	301-879-2700	www.athomecareinc.com
Bright Star Health Care	301-588-0859	www.brightstarcare.com
Capital City Nurses	301-986-9129	www.capitalcitynurses.com
CarePlus Home Health Inc	301-740-8870	www.CarePlusInc.com
Comfort Home Care	301-984-1401	www.choosecomforthome.com
Complete Care Solutions	301-548-0100	www.completecaresolutionsllc.com
Corewood Care	301-909-8117	www.corewoodcare.com
Family & Nursing Care, Inc.	301-588-8200	www.familyandnursingcare.com
Georgetown Home Care	202-333-3400	www.georgetownhomecare.com
Heart to Heart Senior Care Services	301-937-7504	www.hearttoheartseniorcareservices.com
Holy Cross Private Home Service	301-754-7780	http://www.holycrosshealth.org/home-health-agency
Home Care	301-337-7928	www.homecare.com
Home Care Assistance	301-654-1525	www.homecareassistance.com
Home Care Partners	202-638-2832	http://www.homecarepartners.org/
Home Instead	301-588-9710	www.homeinstead.com
Life Matters	301-767-5055	www.lifemattersusa.com
Maxim Health Care	301-585-9595	www.maximhealthcare.com
Options for Seniors America	301-562-1100	www.optionscorp.com
Premier Home Care	301-984-1742	www.premierhomecare.org
Regent Health Care	1-888-872-0313	www.regenthealthcare.com
Reliable Care Services	301-947-9545	www.reliablecarellc.com
Right at Home	301-738-2225	www.rightathomemd.net
Senior Helpers	1-301-660-4160	http://www.seniorhelpers.com/
Smith Life Homecare	301-816-5020	www.smithlifehomecare.com
Specialty Care Services	301-585-6300	http://www.specialtycareservices.com

Note: -The following are agencies or registries that provide personal care services through home health aides and other private duty health professionals. This is private pay services only.

-This list is not intended as a recommendation or endorsement of any of the companies listed above.

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As part of the discharge planning process, we want to make you aware of your freedom to choose among participating providers of post-hospital care services and when possible, respect your preferences when they are expressed. Suburban Hospital does not specify or limit the qualified providers that are available to you. We will include any participating providers that serve the geographic area in which you reside or request.

We have enclosed lists of participating facilities and providers that serve your desired geographic area. You have the right to choose among participating providers of post-hospital care services. When available, we prefer that you will be cared for by your first-choice provider or facility for post-hospital care.

Please be aware that Suburban Hospital, a member of Johns Hopkins Medicine, is disclosing affiliation and financial interest in the following facilities and providers:

- *Potomac Home Health Care*
- *Potomac Home Support, Inc.*
- *Renaissance Skilled Nursing Facility*
- *Grand Oaks Assisted Living Facility*
- *Gilchrist Hospice*
- *Johns Hopkins Bayview Care Center*
- *Johns Hopkins Home Care Group*
- *Johns Hopkins PHARMAQUIP*
- *Johns Hopkins Pediatrics at Home*
- *Other: Howard County General Hospital, Sibley Memorial Hospital, Johns Hopkins Medicine facilities or services*

Our goal is to provide you with the best care and service possible.

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