

# Sleep Disorders Center

Sibley Memorial Hospital

phone: 202-660-7956 | fax: 202-362-9378 | SibleySuburbanSleep.org



SIBLEY MEMORIAL  
HOSPITAL

JOHNS HOPKINS MEDICINE

5255 Loughboro Road, NW  
Washington, DC 20016

## PHYSICIAN'S ORDER FOR SLEEP STUDY

Patient Name: \_\_\_\_\_ Home Ph: \_\_\_\_\_ Cell/Wk Ph: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

### Type of Study Requested

Please schedule patient for consult with sleep physician.

Polysomnogram (NPSG) 95810

CPAP titration study 95811

Split night study (NPSG/CPAP)

Bi-level titration study 95811

NPSG with Multiple Sleep Latency Test (MSLT) 95805

Maintenance of Wakefulness Test (MWT) 95805

Comprehensive NPSG, CPAP (if AHI > 5 on NPSG) & Placement with CPAP for home use if medically necessary.

Reason for Study (i.e. daytime sleepiness, snoring, apnea): \_\_\_\_\_

Special Instructions/Needs: \_\_\_\_\_

I AUTHORIZE THE SLEEP DISORDERS CENTER AT SIBLEY MEMORIAL HOSPITAL TO PERFORM A SLEEP STUDY ON THE ABOVE PATIENT ACCORDING TO THEIR PROTOCOLS, INCLUDING URGENT INITIATION OF OXYGEN & CPAP

Physician Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

NPI: \_\_\_\_\_ License #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Speciality: \_\_\_\_\_











### For Government Payors Only (Medicare, Medicaid, Tricare)

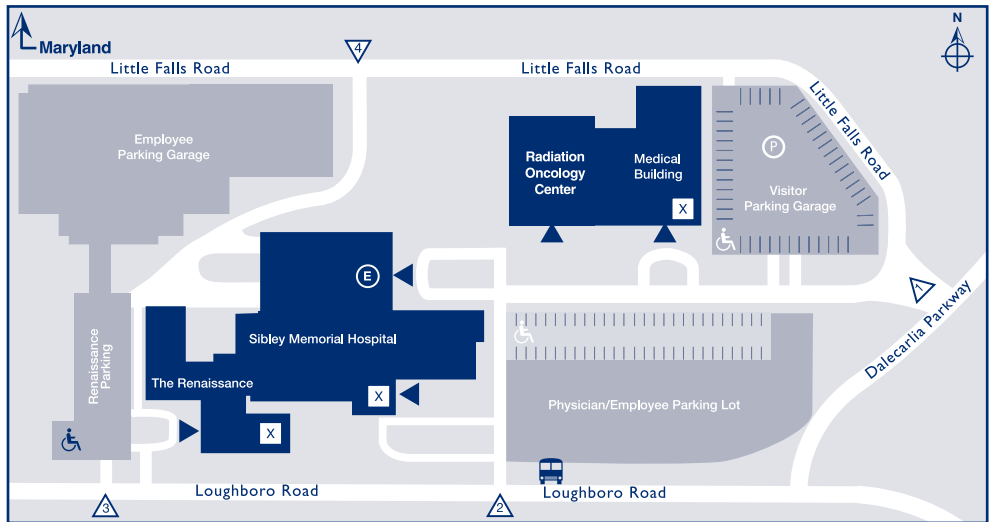
Medicare requires documentation of face to face evaluation from the ordering physician that clearly includes H&P, BMI, sleep symptoms and medical necessity for a polysomnogram. Insomnia is not an acceptable indication in and of itself.

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# Sibley Memorial Hospital Campus

## KEY

-  Dalecarlia Road Entrance
-  Loughboro Road Entrance
-  **The Renaissance Entrance**
-  Ambulance Entrance
-  Visitor Parking
-  Building Entrance
-  Bus Stop
-  Handicapped Parking
-  Emergency Department Walk-in
-  Imaging Services/Radiology



## ADDRESSES:

**Sibley Memorial Hospital**  
5255 Loughboro Road, N.W.  
Washington, D.C. 20016

**Sibley Medical Building**  
5215 Loughboro Road, N.W.  
Washington, D.C. 20016

**The Renaissance Building**  
5275 Loughboro Road, N.W.  
Washington, D.C. 20016

[www.sibley.org](http://www.sibley.org)

## Directions

Go to [www.sibley.org](http://www.sibley.org) for detailed directions to Sibley.

## Parking

- Paid parking is available in the new garage now open for patients and visitors. The garage is accessible from both Loughboro Road and the new entrance off Dalecarlia Parkway and is staffed by an attendant from 8:30 a.m. – 9:30 p.m.
- Handicapped parking spaces are available in the surface parking lot across from the new medical building.
- Parking is available for the Sullivan Breast Center adjacent to the Renaissance Building. Use entrance from Loughboro Road. (△ in map key above.)

## Public Transportation

Sibley is served by the D6 and M4 Metrobus routes, and the Montgomery County Ride-On. For more information call Metro Information at 202-637-7000.

## Free Metro/Sibley Shuttle Service

Sibley Memorial Hospital provides patients and visitors complementary shuttle service between the Tenleytown Metro station, located on the red line, and Sibley's campus. The shuttle runs from 6:00 a.m. to 5:30 p.m.

## Shuttle Locations:

### Tenleytown Metro Station

The Sibley shuttle stop at the Tenleytown Metro is located on Fort Drive N.W., near the intersection of Fort Drive & Albemarle Street behind Whole Foods and Sears. To ride the shuttle: exit at either side of the Metro station, turn left onto Albemarle Street (towards 40th Street), then turn left on Fort Drive. The shuttle will be parked along the sidewalk on the right hand side of the street. The first departure is at 6:00 a.m. and the last shuttle leaves at 5:00 p.m.

### Sibley Memorial Hospital – Sibley Medical Building

The shuttle stop on Sibley's campus is located in the circle in front of the Sibley Medical Building at 5215 Loughboro Road, N.W. The shuttle leaves every hour on the half-hour. The first departure is at 6:30 a.m. and the final shuttle leaves at 5:30 p.m.