



Living with Cancer Resources & Support

July 2022

Published by The Harry J. Duffey Family Patient and Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

Monthly Awareness

➤ [Sarcoma & Bone Cancer](#)



Bone and joint cancer is diagnosed most frequently among teenagers, while soft tissue cancers typically affect those 55 years or older:

Soft tissue sarcomas form in cartilage, fat, muscle, blood vessels, tendons, nerves, around joints.

Osteosarcomas develop in bone.

Liposarcomas form in fat.

Rhabdomyosarcomas form in muscle.

Ewing sarcomas form in bone and soft tissue.

Online Resources

[CancerCare](#) – for helpful resources, info, online groups

[Leukemia & Lymphoma Society](#) – news, updates, live chat, community support, financial support options

[National Comprehensive Cancer Network](#) – patient and caregiver resources by topic, in various languages

[Ulman Fund for Young Adults](#) – [guidebook](#), social media, resources (including [scholarships](#)), [Q&A](#) email link

[Triage Cancer](#) *tiene varios recursos disponibles en español* as well as in [English](#) – videos, webinars, guides – on many different topics affecting you and your life.

[Patti Robinson Kaufmann First Connection®](#)



If you or a loved one has been newly diagnosed with a blood cancer, the LLS has a first connection **peer support** program allowing newly diagnosed

patients or caregivers to connect with someone with similar experiences. Go to www.lls.org for info.



[Balancing Work & Cancer Webinar](#)

Wednesday, July 6 – 1:00 pm

Speaker: Rachel Becker, LMSW, Cancer+Careers

As the Deputy Director of Cancer and Careers and licensed clinical social worker, [Ms Becker](#) oversees all the organization's educational offerings as well as providing direct support and referrals. Register for the July 6 webinar by clicking on this [link](#) to register and receive Zoom info.

This webinar will be a great introduction to upcoming webinar events – read more about each one (and register in advance) by clicking on each offering:

Aug 3: [Work Transitions: Strategies for Looking Ahead](#)

Sept 14: [Communicating Effectively Part 1](#)

Oct 5: [Communicating Effectively Part 2](#)

Sept 20 & 27, Oct 4 & 11: [Pregúntale a los Expertos](#)

Nov 2: [Balancing Remote Work & Cancer](#)

Dec 7: [Balancing Work & Caregiving](#)

You can also sign up to receive the Cancer and Careers newsletter and explore the website for many more helpful [resources!](#)

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Financial Wellbeing Webinar Series



CCCSMD offers a series of unique and **FREE** web-based financial literacy [workshops](#) year-round, directed towards increasing the economic strength of communities and individuals.

Check out the CCCSMD [website](#) or call 1-800-642-2227 to speak to a Financial Advocate, including a **free counseling session** if you are struggling with debt management or budgeting to meet your goals. They can also give you information on their free webinars.

Looking for Support?

For information from our Cancer Support Colleagues who provide programs at **no charge**:

[Wellness House](#) of Annapolis – 410-990-0941
admin@annapoliswellnesshouse.org

[Hope Connections](#) – 240-714-4744
info@hopeconnectionsforcancer.org

[HopeWell Cancer Support](#) – 410-832-2719
info@hopewellcancersupport.org
Sign up to receive HopeWell Happenings newsletter!

[Smith Center](#) for Healing and the Arts – 202-483-8600
info@smithcenter.org – see programs for [July Claudia Mayer/Tina Broccolino Cancer Resource Center](#)
[Email](#) Chris or call 410-740-5858

“It’s helpful to hear others’ feelings as well as their tips,” said a person in a recent support group.



Our Cancer Support colleagues (above) offer **virtual support groups** for [men](#), women, young people, [caregivers](#), [newly diagnosed](#), [advanced cancer](#), readers, [knitters](#),

those interested in [energy balancing](#), [Qigong](#), [head and neck](#) cancer, and by [disease group](#)! Click the links or make a phone call for info about these and more ways to find support!



[Webinars & Video Series](#) at Your Own Pace

[Wellness House](#) offers a number of webinars and videos at no charge on various topics and different types of cancer. These include stress management, nutrition, child and family, information and education, exercise. The only thing required to view is [registration](#) for a **MindBody** account with Wellness House!

If you are a Hodgkins Lymphoma survivor interested in attending a **free Epic Experience** camp in **Colorado** from July 19-26, click [here](#) to apply.

You can also call **855-650-9907** for more information.



We celebrate survivors at SKCCC!

Every day is Survivors Day in our Cancer Center! You can view both the [2022](#) video tribute and the [2021](#) tribute, featuring our staff as well as survivors & the music of [Jae Jin](#), singer songwriter.



Parenting with Cancer: How to talk with your Children Sunday, July 10 – 1:00-2:30 pm

Leaders: Danielle Eichner & Becky Halagarda

We will discuss what it means to be a parent with cancer, and how to talk with your children – including art-based ideas you can use. [Email](#) or call [HopeWell](#) Cancer Support 410-832-2719 to register for this online Zoom webinar.

We are here to help!

Short term counseling, advanced directive consultation, spiritual support & other resources.

Call 410-955-8934

The Harry J. Duffey Patient & Family Services Program

Licensed clinical social workers, chaplains, and housing resources during your treatment, support and guidance.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editors by clicking this [link](#) - or call 410-955-8934.