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November 15, 2008 • Baltimore, Maryland

PLENARY SESSION

PL-01 *One Woman's Journey*
Dr. Kristina M. Johnson

LUNCHEON SESSION

LF-01 **Lunch with Faculty**
Donna Jackson Nakazawa

LIVING WELL

- L1 Impact of Stress on the Body
- L2 Strong Bones, Strong Bodies
- L3 Keeping Pace with Medicine
- L4 Preserving Your Memory

THE ANATOMY OF HEALTH

- A1 HEADlines
- A2 Inside Scoop on Digestive Disease in Women
- A3 Best Foot Forward
- A4 "Cigs and the City:" The Extreme Makeover of Lung Cancer in Women

FOOD FOR THOUGHT

- R1 The Skinny on Metabolism
- R2 Eat to Beat the Odds
- R3 What's the Beef?
- R4 Western Knowledge of Eastern Medicine

PASSAGES

- P1 Straight Talk: The Female Spine
- P2 Seeing Is Believing
- P3 Joint Pain – Why We Hurt and What we Can do About It
- P4 Combating Aging

THE WOMEN'S BOUTIQUE

- W1 The Search for Eternal Youth
- W2 Optimizing Sexual Intimacy
- W3 Hair Today, Gone Tomorrow
- W4 Staying Abreast

MINI MED SCHOOL

- M1 Lessons of the Women's Health Initiative
- M2 Matters of the Heart
- M3 The Lowdown on Cholesterol
- M4 The Pill Box

DISCOVERY

- D1 Picture This!
- D2 The Promise of Cancer Vaccines
- D3 Assessing Your Risk of Cancer
- D4 Women and Clinical Trials

INQUIRING MINDS

- I1 Understanding Dementia and Alzheimer's
- I2 Anxiety
- I3 Mothers and Daughters
- I4 Sleepless in Baltimore

SESSION COST

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PURCHASED AFTER NOVEMBER 15, 2008

___ x \$16.00 = \$ _____

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