

# Faculty and Staff Assistance (FASAP) and *WORK/life* Programs



Phones: 443-287-7000 and 443-997-7000  
550 North Broadway, Suites 507 and 403  
1101 E. 33<sup>rd</sup> Street, Suite C100



# WORKlife Programs:

## ■ Childcare Services

- Free individualized vacancy searches
- Information on nanny/au pair agencies
- Financial assistance
- Summer camps
- Parenting workshops
- Sick Emergency and Backup Care
- Summer Camp information
- Childcare information materials



# WORKlife Programs

## ■ Elder Care Services

- Free consultation by a certified geriatric care manager
- Resources and referrals to elder lawyers, housing options, home care agencies
- Caregiver support group information and more

## ■ Balancing Work and Family Life

- Information on flexible schedules
- Workshops on balancing
- Workshops on handling work and personal stress
- Discussion groups on various topics



# WORKlife Programs

## ■ Programs

- Relocation Assistance Program
- Live Near Your Work Program
- Dependent Care Voucher Program
- Sick Emergency Backup Care Program

## ■ Workshops

- Balancing work and family life
- Financial planning
- Retirement
- Parenting
- Elder care



# Faculty and Staff Assistance Program (FASAP)

- FASAP is the employee assistance program for the Hospital, Health System, University, and its affiliates.
- Services are **FREE and CONFIDENTIAL** in accordance with state law and institutional policy.
- Services are offered to all full-time and part-time Hopkins University faculty and staff, as well as their dependents, spouses, or significant others.



# Faculty and Staff Assistance Program (FASAP)

## ■ Work-Related and Personal Life Concerns

- Anxiety
- Life/Professional transitions
- Productivity
- Family and couple relationships
- Peer and colleague relationships
- Sexuality issues
- Depression
- Drugs and alcohol
- Adapting to a new environment
- Eating disorders
- Grief and mourning
- Assault/rape
- Sexual harassment



# Faculty and Staff Assistance Program (FASAP)

## ■ Services

- Assessment and identification of personal, family or work related problems
- Brief counseling and crisis intervention
- Follow-up appointments when indicated
- Referral resources
- Managerial consultation and coaching
- Risk Assessments
- Educational workshops and programs
- Organizational group interventions



# Faculty and Staff Assistance Program (FASAP)

- **Consultation:** FASAP consults with supervisors and employees regarding work related issues including:
  - Working with difficult colleagues
  - Concerns about sexual harassment
  - Workplace violence
  - Crisis management
- **Consultation:** FASAP also works closely with other parts of the Hospital and University, including:
  - Human Resources
  - Occupational Health
  - Occupational Injury
  - Employee and Labor Relations



# Staff

- FASAP staff includes:

- Psychologists
- Social Workers
- Substance Abuse Counselors
- Psychiatrists

- WORKlife staff consists of:

- SocialWorkers
- Geriatric Care Manager



# Locations

## ■ FASAP

- 550 North Broadway
  - Suites 403 and 507
- 1101 East 33<sup>rd</sup> Street
  - Suite C-100
  - JH at Eastern

## ■ WORKlife

- 1101 East 33<sup>rd</sup> Street
  - Suite C-100
  - JH at Eastern



# Contact Information

If you have questions and would like more information, or if you would like to schedule an appointment, check out our brochures or websites at

[www.fasap.org](http://www.fasap.org)

[www.hopkinsworklife.org](http://www.hopkinsworklife.org)

or call

(443) 287-7000 or (443) 997-7000

(7-7000 anywhere on campus)