

# Do You Have Knee Arthritis and Difficulty Sleeping?

## Volunteers NEEDED for a Clinical Trial on New Non-drug treatment for problem sleeping

Researchers at the Johns Hopkins School of Medicine are looking for volunteers to participate in a research study examining new ways of treating insomnia, in people with osteoarthritis in their knee.

- **To participate in this study, you must be:**
  - At least 50 years of age OR 35 years of age and older with prior diagnosis of knee osteoarthritis
  - Have frequent knee pain
  - Interested in sleeping better
- **This study involves:**
  - Sleep studies conducted in your home
  - Sensory testing and knee exam at Johns Hopkins
  - Meeting with sleep specialist to discuss ways to improve sleep
  - Additional optional medical tests
  - All examinations, parking, & tests are provided at no cost.
- **Compensation up to \$870.00**



**JOHNS HOPKINS**  
M E D I C I N E

Approved 8/16/10

Michael T. Smith, Ph.D., Principal Investigator  
Protocol: NA\_00011802

Johns Hopkins University School of Medicine

**For information, please call (410) 550-7906**