

Are you a parent struggling with



Anxiety?

*Are you concerned that
your child will develop problems
with Anxiety?*

**We would like you to be involved in a research study at
Johns Hopkins that evaluates the effectiveness of a
prevention program for child anxiety.**

Anxiety runs in families. We are inviting parents who have an Anxiety Disorder or think they have serious problems with anxiety to participate in a research study with their children ages 7 to 12. As part of this study, you and your child will receive a free initial comprehensive evaluation. There is no cost, no medication, and families may earn up to \$75 for participation.

THE PREVENTION PROGRAM MAY HELP TO:

- ✓ Improve parenting skills
- ✓ Develop ways to cope with anxiety for all family members
- ✓ Improve family knowledge and communication about anxiety
- ✓ Prevent child anxiety problems

To learn more about this project, contact us at:

443.287.4349 / 410.502.6077

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Or view our website at <http://www.hopkinsmedicine.org/Psychiatry/research/volunteers.html#caps>

Principal investigator is Golda Ginsburg, Ph.D.

Sponsor: National Institute of Mental Health

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