

## Keynote Speaker Renata J. Henry, M.Ed.



Renata J. Henry, M.Ed., is currently the Deputy Secretary for Behavioral Health and Disabilities, at the Maryland Department of Health and Mental Hygiene.

Ms. Henry provides executive direction to three program administrations - Mental Hygiene, Developmental Disabilities, and Alcohol and Drug Abuse.

Ms. Henry has more than thirty years of experience in the behavioral health field.

Prior to becoming Deputy Secretary, she was the director of the Division of Substance Abuse and Mental Health, an operating division of Delaware Health and Social Service, where she was responsible for the administrative direction and oversight of public sector behavioral health services for adults in Delaware. During her tenure as director, she emphasized the collaboration between systems to ensure that policy and practice were aligned to support a quality behavioral health system across the life span.

From 2002 to 2006, she served a four-year term on the National Advisory Mental Health Council for the National Institutes of Health. She was the president of the board of directors of the National Association of State Mental Health Program Directors (NASMHPD) from 2005 to 2007, where her agenda focused on the development of NASMHPD partnerships with other national organizations to support mental health and substance abuse system transformation.

Ms. Henry has participated in advising the Substance Abuse and Mental Health Services Administration (SAMHSA) on behavioral health policy, practice, financing and cultural competence issues.

## Road to Recovery

*An addictions conference for professionals*

**September 27, 2010**

Asthma & Allergy Center Auditorium  
Johns Hopkins Bayview Campus

- 7 a.m. Registration and Breakfast
- 8 a.m. Opening Remarks, Eric Strain, M.D.
- 8:30 a.m. Keynote, Renata J. Henry, M.Ed., Deputy Secretary
- 9:30 a.m. "Overview of Pharmacologies," Ed Johnson, Pharm.D.
- 10:15 a.m. Break
- 10:45 a.m. "The 411 on Detox," JHBMC Nursing Panel: Peggy Barr, RN, CDNC; Cassandra Herbert, RN, CDNC; Anne Kelly, MS, RN, CDNC; Joann Russo, RN, CDNC; and Carolyn Ryan, RN, CDNC
- 11:30 a.m. "Treatment of Dual Diagnosis Patients," Frank Mondimore, M.D.
- 12:15 p.m. Lunch Break
- 1 p.m. Patient Testimonies
- 2 p.m. "Reinforcement-Based Treatment," Michelle Tuten, MSW, LCSW-C  
Judith L. Jakubowski, MS, CAC-AD  
Cindy M. Schaeffer, Ph.D.
- 3:45 p.m. Summary and Evaluation
- 4 p.m. End Of Public Programming



**Monday, September 27, 2010**

8 a.m. to 3:45 p.m.

Asthma & Allergy Center Auditorium  
Johns Hopkins Bayview Campus

*An addictions conference for professionals*

6.25 CEUs for Social Workers, Counselors and Therapists  
6 CEUs for Nurses



Johns Hopkins Center for Substance Abuse Treatment and Research  
5510 Nathan Shock Drive  
Baltimore, MD 21224

410-550-0039



### Eric C. Strain, M.D.

Dr. Strain, Professor of Psychiatry and Behavioral Sciences at Johns Hopkins University, also is the Director of the Johns Hopkins Center for Substance Abuse Treatment and Research. He maintains an active research program in substance abuse-related issues, with his clinical, teaching and administrative activities.



### R. Edward Johnson, Pharm. D.

Ed Johnson, Pharm.D., is the Vice President of Clinical, Scientific and Regulatory Affairs for Reckitt Benckiser Pharmaceuticals. Dr. Johnson also holds academic appointments at the Johns Hopkins University School of Medicine, University of Maryland at Baltimore College of Pharmacy and the Department of Epidemiology and Community Health at Virginia Commonwealth University. Dr. Johnson also has worked at NIDA for 17 years, where his primary area of study lead to the first pivotal clinical trial of buprenorphine for the treatment of opioid dependence.



### Francis Mondimore, M.D.

Dr. Mondimore is an Associate Professor of Psychiatry at the Johns Hopkins University School of Medicine and an attending physician at The Johns Hopkins Hospital. Dr. Mondimore is the author of four books for general audiences on mental health issues, such as *Bipolar Disorder, A Guide for Patients and Families*. He has authored numerous book chapters and scientific articles. His current research interest is chronic depression.



### David A. Tompkins, M.D.

Dr. Tompkins is an Associate Professor of Psychiatry at the Johns Hopkins University School of Medicine and an attending physician at Johns Hopkins Bayview Medical Center. Dr. Tompkins' current research projects include clinical trials for cocaine dependence, abuse liability of opioids and understanding the mechanism for opioid induced hyperalgesia in humans.



### Peggy Barr, RN, CDNC; Cassandra Herbert, RN, CDNC; Anne Kelly, M.S., RN, CDNC; Joan Russo, RN, CDNC; and Carolyn Ryan, RN, CDNC

The Chemical Dependency Unit Shared Decision Education Council, including nurses from inpatient and outpatient detox, was formed in 2007. Since then, they have completed a hospital-wide nursing survey on assessment and treatment of alcohol and opiate withdrawal, presented at Nursing Grand Rounds and did in-services about treatment of substance abuse on several hospital units. They currently are working to get an educational module about alcohol and opiate treatment on HealthStream (an internal web-based system).



### Michelle Tuten, MSW, LCSW-C

Michelle Tuten, Assistant Professor at the Johns Hopkins University School of Medicine, is Director of the Cornerstone program. Ms. Tuten is a co-investigator on three clinical trials funded by NIDA. She has contributed to the development of therapies to treat couples and individuals in recovery and is co-developer of the Family-Based Recovery (FBR) treatment model.



### Judith L. Jakubowski, M.S., CAC-AD

Judith Jakubowski, a therapist with 10 years of experience in substance abuse treatment and research, works in the Cornerstone program on the Johns Hopkins Bayview campus. Ms. Jakubowski is a volunteer Court Appointed Child Advocate and a volunteer at the House of Ruth.



### Cindy M. Schaeffer, Ph.D.

Dr. Schaeffer, Associate Professor of Psychiatry and Behavioral Sciences at the Medical University of South Carolina, is currently researching adapting Multisystemic Therapy (MST) for families in which there is substantiated child abuse or neglect and caregiver substance abuse by incorporating Reinforcement-Based Therapy (RBT).



## Registration Form

Mail this completed registration form and a \$30 check made payable to "The Johns Hopkins Hospital" to: Road to Recovery Registration, 5510 Nathan Shock Drive, Baltimore, MD 21224

**Full Name:**

(Please print)

First

M.I.

Last

**Profession:**  Social Worker

Counselor/Therapist

Nurse

Other:

I would like to receive 6.25 CEUs for attending this event.

*This activity meets the criteria for 6.25 credit hours of Category I continuing education for social workers licensed in Maryland. This CE program has been approved by the Maryland Board of Professional Counselors and Therapists for Category A. Nursing CEU sentence goes here.*

**E-mail:**

**Phone Number:**

Confirmation will be sent to your e-mail once registration is processed.

All registration must be post-marked no later than Wednesday, September 22, 2010

**Questions? E-mail [rcardim1@jhmi.edu](mailto:rcardim1@jhmi.edu) or call 410-550-0039.**