



Save the Date!



The Johns Hopkins Memory & Alzheimer's Treatment Center presents

Journey to Hope

A free conference for caregivers to learn about the diagnosis and treatment of memory loss, and tips to manage Alzheimer's disease and its associated behaviors

Saturday, November 12, 2011

8:30 a.m. to 12:30 p.m.

Asthma & Allergy Center Atrium
Johns Hopkins Bayview Campus

Featured keynote presentation:

Enhancing Quality of Life of Individuals with Dementia & Their Family Caregivers: Common Challenges and Practical Strategies

Laura Gitlin, Ph.D., Professor, Department of Health Systems and Outcomes, Johns Hopkins School of Nursing;
Director, The Aging Intervention Center at Johns Hopkins,
An Innovation Research Collaboration

For more information, call toll-free 866-887-8534.



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M E D I C I N E

Sponsored by the Johns Hopkins Memory & Alzheimer's Treatment Center, Johns Hopkins Department of Psychiatry, Johns Hopkins Department of Neurology, Johns Hopkins Department of Geriatric Medicine, and the Johns Hopkins Geriatric Education Center Consortium

Agenda

Saturday, November 12, 2011



- 8:30 - 9 a.m. **Registration & continental breakfast**
- 9 - 9:15 a.m. **Welcome: conference overview and goals**
- 9:15 - 9:50 a.m. **Future Directions in Alzheimer's Care & Research**
Paul Rosenberg, M.D., Associate Director, Johns Hopkins Memory & Alzheimer's Treatment Center
- 9:50 - 10:25 a.m. **Enhancing Quality of Life of Individuals with Dementia and Their Family Caregivers: Common Challenges and Practical Strategies**
Laura Gitlin, Ph.D., Professor, Department of Health Systems and Outcomes, Johns Hopkins School of Nursing; Director, The Aging Intervention Center at Johns Hopkins, An Innovative Research Collaboration
- 10:25 - 10:45 a.m. **Break: Exhibitors & Networking**
- 10:45 - 11:30 a.m. **Partnering with Your Doctor: Panel Discussion with Dementia Care Specialists, Patients and Caregivers**
Constantine Lyketsos, M.D., Director, Johns Hopkins Memory & Alzheimer's Treatment Center; Chair of Psychiatry, Johns Hopkins Bayview
- 11:30 a.m. - 12 p.m. **Research Update**
C. Hochang (Ben) Lee, M.D., Associate Professor of Psychiatry & Behavioral Sciences
- 12 - 12:30 p.m. **Recognition Ceremony for Research Participants**
- 12:30 p.m. **Closing Remarks**
Helen Hovdesven, MA, Co-chair of the Patient-Family Advisory Council; Caregiver

Driving Directions

Directions to Johns Hopkins Bayview

From points South (including BWI Airport):

Take I-295 north or I-95 north to the Harbor Tunnel Thruway (I-895). After exiting the tunnel, take exit 12 (Lombard St.). At the first stop light, proceed straight onto Bayview Blvd. Follow signs to Mid-Campus Parking Lot.

From points North and East:

Take I-95 south to I-895 south to exit 12 (Lombard St.). At the first stop light, turn right onto Bayview Blvd. Follow signs to Mid-Campus Parking Lot.

From East Baltimore or Dundalk Area:

Take Eastern Ave. At the first stoplight, turn onto Bayview Blvd. (Make left if coming from East Baltimore, right from Dundalk). Follow signs to Mid-Campus Parking Lot.

Direction Line: 410-550-5748