At The Johns Hopkins Hospital, our goal is to improve daily function and quality of life for the cancer survivor. Together with you, our team of dedicated rehabilitation professionals—with specialty training in cancer rehabilitation—will design a program to address your current needs and future goals during and after cancer treatment.

LOCATIONS

The Johns Hopkins Cancer Rehabilitation Program offers convenient hours and locations.

Clinic Hours:
Monday – Thursday: 7:00 am to 7:00 pm
Friday: 7:00 am to 6:00 pm

Locations:
The Johns Hopkins Hospital
Meyer 1-130
600 N. Wolfe Street
Baltimore, MD 21287

Johns Hopkins Health Care & Surgery Center at Green Spring Station
Pavilion II
10753 Falls Road, Suite 235
Lutherville, MD 21093
Physical Therapy, Lymphedema Therapy and Pelvic Health Therapy

Referrals:
Phone: 410.614.3234
Fax: 410.614.0503

We accept most major insurances and work closely with our patients to verify benefits and accommodate individual needs.

Visit us online:
hopkinsmedicine.org/pmr

Physical Medicine & Rehabilitation

Cancer Rehabilitation Program
STAR Program®
Survivorship Training and Rehabilitation

Johns Hopkins Physical Medicine & Rehabilitation is one of the few programs in the country to have received designation as a STAR Program Certified Cancer Rehabilitation Provider. This training uniquely qualifies us to understand the effects of cancer and cancer treatments on daily life. Our team includes physical and occupational therapists as well as physiatrists (rehabilitation doctors) who will work with your oncology medical team to ensure the most appropriate course of treatment.

What is the Cancer Rehabilitation Program?
This program is designed to address your desire to achieve an active life. Your rehab will continue outside the hospital setting.

Why would I come to cancer rehabilitation?
This program is for patients/survivors who are looking to maintain a safe level of activity during treatment and want to be able to maximize return to daily activities (work, family, physical activities) after treatment.

Am I a candidate for cancer rehabilitation?
If you have any problems that you did not have prior to your diagnosis, particularly if they interfere with your ability to function or your quality of life, you are a candidate for cancer rehabilitation.

When you or a loved one are diagnosed with cancer,
understanding what to expect can help you cope. You may be facing many types of treatment, from chemotherapy to surgery, all of which can lead to reduced function and inability to participate in daily activities. Whether you are newly diagnosed, currently receiving treatment or your treatment is over, The Johns Hopkins Cancer Rehabilitation Program can help restore function and improve daily life.

This program uses a comprehensive, multi-disciplinary approach designed to provide outpatient rehabilitation for all cancer patients and survivors. We create customized programs to address your unique needs and abilities.

Our rehabilitation team has specialized training to work with individuals for a variety of conditions, including:

- Fatigue
- Weakness
- Poor endurance
- Decline in balance
- Postural changes

- Joint stiffness
- Pain
- Difficulty with walking
- Numbness in feet or hands
- Scar tissue restriction

We also offer specialty programs for lymphedema management and bowel, bladder or sexual dysfunction.

What kind of therapy will I receive?
You will receive consultations with Physiatry, Physical Therapy and Occupational Therapy. We also have other services, such as Rehabilitation Psychology and Speech-Language Pathology should you need them.

What types of diagnoses do you see?
We see a wide range of diagnoses, including but not limited to: prostate cancer, lung cancer, breast cancer, spine and brain tumors, leukemia, head and neck cancer, lymphoma, bladder cancer, and colon and rectal cancer.