



# HOPE 2009

Hopkins Outreach for  
Pediatric Education

## PALS

*Pediatric Advanced Life Support*

### *PALS Overview*

*PALS Provider (2 Day Course)*

*PALS Renewal (1 Day Course)*

The Pediatric Advanced Life Support (PALS) course, developed by the American Heart Association and the American Academy of Pediatrics, focuses on the priorities in assessment and management of the ill or injured child. The practical application of cognitive and psycho-motor skills in pediatric resuscitation situations is emphasized during practice case scenarios. The course will include a review of the current PALS science and resuscitation team concepts. PALS instructors, representing multi-disciplinary specialties, with expertise in the care of children, will present information in a lively and “user friendly” format. Participants will have an opportunity to practice emergency techniques such as intra-osseous needle insertion, ventilation of a child with a bag valve mask, endotracheal intubation and cardio-version/defibrillation of a child.

### *Course Objectives*

Upon completion, the participant will be able to:

- List parameters which indicate cardiovascular or respiratory compromise in the pediatric patient
- Define conditions which put a child at risk for cardiopulmonary arrest
- Describe strategies for preventing and managing cardiopulmonary arrest in children

### *Target Audience*

Physicians  
Nurses  
Respiratory Therapists  
Paramedics

Other healthcare providers who care for children in emergency or critical care settings

### *To Contact the Office*

410-614-1960 Fax: 410-502-5103 [HOPE@jhmi.edu](mailto:HOPE@jhmi.edu)

### *PALS Instructor Course (One-Day Course)*

This one-day course reviews the key concepts of the PALS and PEARS curriculum focusing on adult learning strategies with emphasis on interactive teaching sessions. Senior PALS faculty members will share helpful hints on facilitating an educational experience for providers who want to improve their knowledge, attitude, and skills in pediatric assessment and resuscitation.

### *Registration/General Information*

Registrations that are faxed must include credit card information. Registrations with payment in the form of a check can be mailed to the HOPE Office. Fees include a continental breakfast, textbook, pre-test, confirmation letter and map. Materials will be mailed approximately 30 days prior to the date of the class. Registration fees are utilized solely for the Johns Hopkins Children’s Center and in no way reflect income to the American Heart Assoc., Inc. (AHA).

### *Accreditation*

Individuals who successfully complete the cognitive skills examination in accordance with guidelines of the AHA will be awarded the appropriate two-year PEARS or PALS course completion card.

### **Nurses**

The American Association of Critical-Care Nurses (AACN) will award CEU credits for the PALS course. This program has been approved by AACN Certification Corporation – Provider #13506.

PALS Provider . . . . . 18 hours  
PALS Renewal & PALS Instructor . . . . . 9 hours

### **Pre-Hospital**

MIEMSS – Office of Education and Certification  
PALS Provider . . . . . 16 hours  
PALS Renewal & PALS Instructor . . . . . 8 hours  
PEARS Provider . . . . . 8 hours

### **Other**

A HOPE Certificate listing the number of course hours will be issued for all other providers.

## PEARS

*Pediatric Emergency Assessment,  
Recognition and Stabilization*

### *PEARS Overview*

The Pediatric Emergency Assessment, Recognition and Stabilization, (PEARS) course, developed by the American Heart Association, focuses on the priorities in assessment and management of the ill or injured child in the first few minutes of an emergency. In this one-day course participants will have an opportunity to practice emergency techniques such as infant and pediatric CPR, operation of an Automatic External Defibrillator (AED), ventilation of a child with a bag valve mask, and the use of a length-based resuscitation tape.

### *Course Objectives*

Upon completion, the participant will be able to:

- Recognize respiratory distress and failure, shock, and cardiac arrest
- Provide appropriate lifesaving actions within the initial minutes of the response until the child is transferred to an advanced life support provider

### *Target Audience*

EMT-Basics  
Healthcare providers who care for children outside emergency or critical care areas

This course is not intended for those who require credentialing in advanced pediatric skills or who are routinely involved in resuscitation.

# HOPE Classes 2009

## PALS

January 17-18	(Sat/Sun)	Provider	Johns Hopkins Hospital
February 7	(Sat)	Renewal	BayView Medical Center
February 21-22	(Sat/Sun)	Provider	Greater Baltimore Med. Center
February 26	(Thu)	Renewal	Harbor Hospital
April 11	(Sat)	Renewal	Johns Hopkins Hospital
April 25-26	(Sat/Sun)	Provider	Good Samaritan Hospital
May 2	(Sat)	Renewal	Johns Hopkins Hospital
May 9-10	(Sat/Sun)	Provider	St. Joseph's Medical Center
<b>May 19</b>	<b>(Tues)</b>	<b>Instructor</b>	<b>Johns Hopkins Hospital</b>
June 13-14	(Sat/Sun)	Provider	Mt. Washington Ped. Hosp
July 9-10	(Thu/Fri)	Provider	Johns Hopkins Hospital
August 1	(Sat)	Renewal	Johns Hopkins Hospital
August 15-16	(Sat/Sun)	Provider	St. Agnes Hospital
August 22	(Sat)	Renewal	Greater Baltimore Med. Center
October 17-18	(Sat/Sun)	Provider	Johns Hopkins Hospital
October 24	(Sat)	Renewal	Greater Baltimore Med. Center
<b>November 14</b>	<b>(Sat)</b>	<b>Instructor</b>	<b>Johns Hopkins Hospital</b>
November 28	(Sat)	Renewal	Johns Hopkins Hospital
December 12-13	(Sat/Sun)	Provider	Franklin Square Hospital

## PEARS

June 27	(Sat)	PEARS	Johns Hopkins Hospital
August 23	(Sun)	PEARS	Mt. Washington Ped. Hospital
December 5	(Sat)	PEARS	Johns Hopkins Hospital

**When attending a renewal class, a copy of your current provider card MUST be attached. If your card has expired, you must take the 2 day class.**

### PALS Provider

All Participants .....\$275  
 Students (Copy of Student I.D. Required) .....\$200

### PALS Renewal/PEARS

All Participants .....\$200

### PALS Instructor

All Participants..... \$300

**Kids Kard** ..... \$4.00/ea  
 (Kids Kard included with course materials)

### Cancellation Policy:

**Cancellations or rescheduling requests will be honored ONLY IF RECEIVED 14 DAYS PRIOR TO THE FIRST DAY OF THE SCHEDULED COURSE. All refunds for cancellations will be subject to a \$50 administrative cancellation fee. NO REFUNDS will be given within 14 days of the scheduled course. Only ONE rescheduling request will be honored, but MUST also be received 14 days prior to the scheduled course.**

# Registration Form

Class Date: \_\_\_\_\_

## Please Print

\_\_\_\_\_  
 First Name M. I. Last Name

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 City State Zip Code

\_\_\_\_\_  
 Work Telephone Home Telephone Other (Cell/Pager)

\_\_\_\_\_  
 Place of Employment

\_\_\_\_\_  
 E-mail

### What is your specialty?

MD  DO  PA  NP  CRNA  CRNP  RN  
 CRT-I  NREMT-P  EMT-I  EMT-B  RRT  
 CRTT  OTHER \_\_\_\_\_

### Registration Fees: (Payment Must Accompany the Registration Form)

**Method of Payment:** \_\_\_\_\_ (Check) \_\_\_\_\_ (Credit Card)

**Please make checks or money orders payable to:**

**HOPE**  
**c/o The Johns Hopkins Children's Center**  
**600 N. Wolfe Street**  
**HOPE Office, Brady 403**  
**Baltimore, Maryland 21287-3716**

**A \$20 service fee will be added for all returned checks**

### Credit Card Registrations:

VISA  MASTERCARD  DISCOVER  AMERICAN EXPRESS

Credit Card # \_\_\_\_\_ Exp. \_\_\_\_\_

Name as it appears on credit card \_\_\_\_\_