



Parkinson's Disease & Movement Disorder Center
 601 North Caroline Street Suite 5064
 Baltimore MD 21287
 410-955-2954 Phone
 410-614-1302 Fax
www.hopkinspdmd.org

MARYLAND PARKINSON'S DISEASE SUPPORT GROUPS

SUPPORT GROUP	DATE/TIME	PLACE	CONTACT
Baltimore City PD Support Group (Bayview Hospital)	4 th Thursday of the Month 7pm-8pm	Johns Hopkins Bayview Hospital Main Pavilion Building, Doctor's Dining Room 4940 Eastern Ave, Baltimore, MD 21224	Susan Davis 410-284-5423 Patrick Callahan 410-955-2954
Baltimore City PD Support Group (Stadium Place)	4 th Thursday of the Month 2pm-4pm	Stadium Place First Floor Community Room 3400 Ednor Rd, Baltimore, MD 21218	Patrick Callahan 410-955-2954
Baltimore County PD Support Group	2 nd Thursday of the Month 2pm-4pm	Johns Hopkins at Green Spring Station Pavilion II (Go through Café) 10753 Falls Rd, Lutherville, MD 21093	Becky Dunlop, RN 410-955-8795
Parkinson's Caregiver Support Group	1 st Thursday of the Month 10am-11:30am	Johns Hopkins at Green Spring Station Pavilion II (Go through Café) 10753 Falls Rd, Lutherville, MD 21093	Becky Dunlop, RN 410-955-8795
Young Onset/Deep Brain Stimulation PD Support Group	Meets quarterly on Saturdays (Call for dates) 10am-1pm	Johns Hopkins Outpatient Center 601 North Caroline St, Baltimore, MD 21287 2 nd Floor Conference Area, Room 2140	Sandy Pollock 410-315-9953 Becky Dunlop 410-955-8795 John Kellerman 410-494-0398 Bill Innanen 410-997-2195
Howard County PD Support Group	3 rd Monday of the Month 7pm	Parkinson's and Movement Disorders Center of Maryland 8180 Lark Brown Road, ElkrIDGE, MD 21075	Becky Dunlop 410-955-8795 Tom Collins 410-465-2825
Mid Shore PD Support Group	2 nd Tuesday of the Month 1:30pm-3:30pm	Talbot Hospice House 586 Cynwood Dr, Easton, MD 21601	Ann Fischer 410-820-2927 Becky Dunlop 410-955-8795
Harford County PD Support Group	1 st Thursday of the Month 2pm-4pm	William McFaul Activities Center Multipurpose Room 525 West MacPhail Rd, Bel Air, MD 21014	Becky Dunlop 410-955-8795

CONTINUED ON NEXT PAGE

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SUPPORT GROUP	DATE/TIME	PLACE	CONTACT
Allegheny County PD Support Group	Call for Information	Call for Information	Sharon Metz 301-689-3157
Anne Arundel County PD Support Group	4 th Tuesday of the Month 12 noon	Elks Lodge in Severna Park Truck House and Jennings Road Severna Park, MD 21146	Ralph Luther 410-360-9480
Baltimore County/Oakcrest PD Support Group	3 rd Thursday of the Month 1:30pm	Oakcrest Retirement Community Town Center Classroom 8800 Walther Blvd, Baltimore, MD 21234	Maureen Hulse 410-663-3015 Amy Saxton 410-663-3010
Baltimore County/Charlestown PD Support Group	1 st Thursday of the Month 10am	Charlestown Retirement Community 715 Maiden Choice Lane; Catonsville, MD 21228	Nicole Brandt 410-706-1491
Bethesda Carepartners Group	Call for Information	Call for Information	Leon Paparella 202-966-4450
Chevy Chase Young Parkinson Network	3 rd Thursday of the Month 7:30pm	The Carlton Condominium 4550 North Park Ave, Chevy Chase, MD 20815	Perry Cohen 202-686-9430 Susan Hamburger
Delmarva PD Support Group	Last Tuesday of the Month 1:30pm	Mallard Landing 512 Bluff Rd, Salisbury, MD 21801	Wendall Daugherty 410-677-0333
Frederick County PD Support Group Buckingham's Choice	Call for Information	Call for Information	Mary Beth Walsh 310-644-1631
Frederick County PD Support Group	3 rd Wednesday of the Month 1pm	Mt. Pleasant Ruritan Club 8101 Crum Rd, Walkersville, MD 21793	John Kraft 301-845-6514
Hagerstown PD Support Group	1 st Thursday of the Month 1pm	Homewood at Williamsport 16505 Virginia Ave, Williamsport, MD 21795	Peg & Don Barron 301-766-0938
Kensington PD Support Group	Fridays at 10am	St. Paul's Methodist Church Heavener Hall 10401 Armory Rd, Kensington, MD 20895	Ed Gessner 301-460-8921 Rhoda Lawrence 301-593-7476
Kensington Carepartner's Group	1 st Friday of the Month	St. Paul's Methodist Church Heavener Hall 10401 Armory Rd, Kensington, MD 20895	Ann Jeseloff 301-946-5468
LeisureWorld PD Support Group	2 nd Tuesday of the Month 1:30pm	Leisure World Clubhouse 2 3300 North Leisure World Blvd Silver Spring, MD 20906	Babs Koch 301-598-7840
Riderwood PD Support Group	1 st Thursday of the Month 9:30am	Renaissance Building 3128 Gracefield Rd, Silver Spring, MD 20904	Rex Nihoff 301-586-8697
Southern Maryland PD Support Group	4 th Saturday of the Month 2pm	Civista Medical Center Cafeteria 701 East Charles St, La Plata, MD 20646	Michele Santiago 301-609-4415

WASHINGTON DC PARKINSON'S DISEASE SUPPORT GROUPS

SUPPORT GROUP	DATE/TIME	PLACE	CONTACT
Georgetown PD Support Group	3 rd Monday of the Month 2pm	Georgetown University Medical Center Lombardi Cancer Center 3800 Reservoir Road, NW Washington DC Martin Marietta Room	Leon Paparella (202) 966-4450
IONA Parkinson Group	Call for Information	Call for Information	Leon Paparella 202-966-4450
Methodist Home PD Support Group	4 th Wednesday of the Month 11am	Methodist Home 4901 Connecticut Avenue, NW Washington DC	Diane Yagmur 202-966-7623
Online Support Group	3 rd Monday of the Month 7:30pm	For more information, please go here: http://www.parkinson-foundation.com/onlinesgroup.htm	For more information, please go here: http://www.parkinson-foundation.com/onlinesgroup.htm
Sibley PD Support Group	2 nd Thursday of the Month 4pm	Sibley Memorial Hospital Renaissance Building, 1 st Floor Meeting Room 5255 Loughboro Rd, NW Washington, DC	Honora Dent 202-364-7618 Jannie Roher 202-966-5544

For more information about Support Groups in the Greater Washington area, please contact:

Parkinson Foundation of the National Capital Area (PFNCA)
703-891-0821

NORTHERN VIRGINIA PARKINSON'S DISEASE SUPPORT GROUPS

SUPPORT GROUP	DATE/TIME	PLACE	CONTACT
Alexandria PD Support Group	1 st Wednesday of the Month 2pm	Hollin Hall Senior Center 1500 Shenandoah Rd, Alexandria, VA	Stephen Rosenfeld 703-836-0485
Arlington Cherrydale Parkinson's Support Group	Call for Information	Call for Information	Leon Paparella 202-966-4450
Arlington Cherrydale Carepartners Support Group	Call for Information	Call for Information	Leon Paparella 202-966-4450
Fairfax Sully PD Support Group	4 th Saturday of the Month 10am	Sunrise at Fair Oaks 3750 Joseph Siewick Dr, Fairfax, VA	Bill Robbins 703-830-3823
Fairfax Little River Glen PD Support Group	3 rd Thursday of the Month 1pm	Little River Glen Senior Center 4001 Barker Court, Fairfax, VA	Leon Paparella 202-966-4450
Great Falls PD Support Group	4 th Tuesday of the Month 7:30pm	St. Francis Episcopal Church 9220 Georgetown Pike, Great Falls, VA	Glenn Lawrence 703-406-2732
McLean Young Onset PD Support Group	1 st Wednesday of the Month 7pm	Dolley Madison Library Lower Level Meeting Room 1244 Oak Ridge Avenue, McLean, VA	Hilary Blue 703-821-1393
McLean Evening Carepartners Support Group	3 rd Wednesday of the Month 7pm	Dolley Madison Library Lower Level Meeting Room 1244 Oak Ridge Avenue, McLean, VA	Angela Robb 703-277-9666
Springfield Greenspring Village PD Support Group	4 th Thursday of the Month 2pm	Town Center Building, Music Room 7400 Spring Village Drive	Michel Margosis 703-569-2630 Mitch Mills 703-913-0270

PENNSYLVANIA PARKINSON'S DISEASE SUPPORT GROUPS

SUPPORT GROUP	DATE/TIME	PLACE	CONTACT
Hanover PD Support Group	1 st Tuesday of the Month 1:30pm	Homewood at Plum Creek 425 Westminster Ave, Hanover, PA	Heidi Little 717-637-4166
Mechanicsburg PD Support Group	2 nd Wednesday of the Month 1:30pm	Call for Information	Henry Harte 717-938-2318
York PD Support Group	2 nd Thursday of the Month 7:30pm	Wellspring Health 1135 South Edgar St; York, PA	Judy Gunther 717-292-9048

DELAWARE PARKINSON'S DISEASE SUPPORT GROUPS

SUPPORT GROUP	DATE/TIME	PLACE	CONTACT
Parkinson's Educational Program of Delaware	4 th Sunday of the Month 1:30pm	Presbyterian Church of the Covenant 503 Duncan Rd; Bellefonte, DE	Jim Trader 302-998-4098