



Swine Flu (H1N1) Advisory

Updated June 11, 2009

In order to protect Parents in a Pinch clients, caregivers, and their families, we are following the guidance of the CDC in our response to the swine flu outbreak. At this time, CDC recommends the primary means to reduce spread of influenza in schools and child care programs focus on early identification of ill students and staff, staying home when ill, and good cough and hand hygiene etiquette. The following policy will be in effect, until further guidance from the CDC leads us to reevaluate it. (Please note the definition of flu symptoms in the box below.)

Each caregiver will be required to affirm that:

- She has no flu symptoms, and
- No one in her home has flu symptoms, and
- She has not cared for a person with flu symptoms in the previous seven days.

We will be unable to provide care to any family if:

- Anyone in the home has flu symptoms, or
- Anyone else in the home has had direct contact with people with flu symptoms in the previous seven days.

If a child in the home attends a **school** that is closed due to flu, we will provide care only if:

- The child is not in a classroom with another child with flu symptoms, and
- The child has no flu symptoms.

If a child in the home attends a **daycare** (either center-based or home-based) that is closed due to flu, we will be unable to provide care.

We will familiarize Parent in a Pinch caregivers with the latest CDC advisory on flu prevention.

Symptoms of flu, including swine flu, include fever, cough, sore throat, body aches, headache, chills, fatigue, and, in some cases, diarrhea. According to the CDC, children with swine flu may be infectious for up to 10 days after illness while adults are thought to likely be infectious for up to 7 days. Public health investigators continue to work to more precisely learn the length of infectiousness, so based on CDC recommendations, we will consider providing care after such symptoms have abated.

For the latest information from the CDC, check these resources:

[General information on the H1N1 virus](#)

[Guidance for schools and daycares](#)