

We're on the web
Http://
www.hopkinsmedicine.org/intrastaff

S.O.A.P. NOTES

Volume 32

April, 2006

CPR for RNs

May 5
June 9
Oct 6
Nov 10
Dec 8

Cooley Center 7:30 am –
9 am and

12:00 noon—1:30 pm

Bring your ID badge with you

Please **REMEMBER**, that Intrastaff RN's cannot participate in the CPR courses offered at JHH during July, August, September. If you are due one of these months, please make alternate arrangements to get certified, or go to the June class.

Points of Interest:

- Annual Updates 2006 are now due! Nurses, please log-on to the Health Stream website and take your course today and turn in your certificate to the Intrastaff Office. All other employees, please turn in your completed post-test to the Intrastaff Office.

Health Stream Web-Site Address
www.emecourses.com/johnshopkins

RNs and LPNs: DID YOU KNOW?????

- The critical action value for glucose is less than 60 mg/dl

Happy Nurse Week and Administrative Professionals Day!

Intrastaff greatly appreciates the devotion and hard work of all its employees. We appreciate your professionalism and commitment to your jobs and to your patients!

At this time, we want to take the opportunity to especially thank our Nurses and our Administrative Professionals in honor of their "holidays".



National Nurses Week begins each year on May 6th and ends on May 12th, Florence Nightingale's birthday and this year's theme is Nurses Strength, Commitment, Compassion.

Administrative Professionals Day is celebrated the last Wednesday in April every year. This year the day is observed on Wednesday, April 26th.

Thank you for all you do!

INTRASTAFF/JCAHO HEALTHCARE STAFFING SERVICES CERTIFICATION

Intrastaff is excited to announce our pursuit in the JCAHO Healthcare Staffing Service (HCSS) certification during the fall of 2006. The HCSS certification is a voluntary process offered to staffing firms that are committed to improving the quality and safety of care delivered to patients. Certification would acknowledge Intrastaff's compliance with the Joint Commission's national set of consensus-based standards.

As part of the HCSS

certification review, the Joint Commission reviewer will randomly select and conduct brief phone interviews with our employees. The purpose of these interviews is to collect experience-based data regarding Intrastaff's service performance from our staff. On the day of the review, if you are chosen by the JCAHO reviewer, an Intrastaff representative will initiate the contact with you to schedule a convenient time for the reviewer to call and ask a few questions. If contacted, your participation and input would be appreciated, if at all possible.

When Intrastaff receives the date JCAHO will conduct the certification review, we will send you an announcement. If you have additional questions about your potential role in Intrastaff's HCSS certification process, please call Kristin Merritt at (410) 583-2950, ext. 1, 1.



Buried Treasure

“Treat Every Defect as a Treasure”

“Defects in a system can be seen as thorns or roses. While some managers fear the unearthing of defects, enlightened leaders welcome their discovery, and in fact, encourage staff to seek them out proactively. **Defects are treasures to be valued because they present opportunities for improvement.** Only by identifying flaws in the system can we identify—and fix—the fundamental or systemic root causes of errors.”

Excerpt from The Institute for Healthcare Improvement’s website www.IHI.org

This philosophy is critical in patient care facilities such as Johns Hopkins. When employees are afraid to bring flaws to the attention of their managers, productivity suffers. People are consumed with fear and are more concerned with consequences than with finding—and fixing—the source of the problem. At Intrastaff and the Johns Hopkins healthcare facilities, patient safety is of the utmost importance.

As employees, we cannot perform to our best abilities unless we are secure to point out problems and suggest process improvements.



If and when you identify the source of a

problem, we encourage you to bring it to the attention of your supervisor or manager. Intrastaff is committed to the overall improvement of the institution for the benefit of its patients, patients’ families, and its employees.

Together we must continue to find ways to ensure patient safety.

For more information on this topic, please visit:

<http://www.insidehopkinsmedicine.org/safety/lessons.cfm>



THANK YOU goes out to the following nurses who graciously picked up last minute shifts. Your willingness to work in a pinch is greatly appreciated by the RN Staffing Coordinator and the on-call staff!

- | | | |
|-------------------|--------------------|-----------------|
| Alyssa Ballentine | Cindy Ferreira | Ruth Pettis |
| Karen Boyle | Brian Fowler | Mindy Russell |
| Susan Brittain | Jim Goodson | Marissa Sennett |
| Jennifer Buxton | Mary Haaser | Snehal Shah |
| Holly Carrico | Ranae Hansell | Lisa Silva |
| Melissa Clark | Mike Kucich | Virginia Sine |
| Lisa Deal | Wallacia Malone | Dina Smith |
| Nina Dinglass | Melissa McAdam-Cox | Melissa Wyatt |
| Beth Domino | Matt Morris | Kyoko Yamauchi |

RN Oncology Competency Class Schedule

April 13
May 1
June 6
July 24

August 9
Sept 22
Oct 12
Nov 2

No Class in December
8:30 am—12:30 pm
Weinberg 3rd floor classroom
(rear of the patient waiting room)

Mt. Washington Campus Shuttle Available

A new Mt. Washington shuttle service is now available to Hopkins employees. Operating Monday through Friday, this shuttle goes to and from the Mt. Washington Davis Building circle and The Johns Hopkins Hospital Rutland Avenue stop on the East Baltimore campus. Shuttle stop signs are placed at the entry of the Davis Building and shuttle schedules are posted in both the Davis lobby and other campus locations.

Please note that there is also another shuttle that runs daily from JHU Homewood's Shiver Hall to Mt. Washington's McAuley lobby. This particular shuttle schedule is posted in McAuley and other campus locations.

As a reminder, the shuttle service is intended to provide transportation for employees to and from business appointments.

It is not intended to provide commuter services. The shuttle schedule (Mt. Washington Route #6) can be viewed online at www.hopkinsmedicine.org/security/Transportation/Maps/WebPages/rt6.htm. For questions regarding scheduling or the shuttle bus for this route, please call JHMI Transportation at 410-502-6880.



ROUTE #6 SCHEDULE FOR MT. WASHINGTON SHUTTLE

MORNING SCHEDULE

Mt. Washing-ton/Davis Bldg. Circle	JHH/Rutland Avenue
7:30 AM	8:00 AM
8:30 AM	9:00 AM
9:30 AM	10:00 AM
10:30 AM	11:00 AM (Last a.m. drop off)

AFTERNOON SCHEDULE

2:00 PM	2:30 PM
3:00 PM	3:30 PM
4:00 PM	4:30 PM
5:00 PM	5:30 PM (Last p.m. drop off)

Healthy Bag Lunch Ideas

Springtime is here which means that summer will be quickly upon us. Pretty soon we'll be sporting shorts, short-sleeved shirts, and bathing suits. What better time than the present to develop healthier eating habits. Packing a lunch everyday not only can save you money but it can ensure you have a healthy meal. Below are some ideas for bag lunches that require no refrigeration:

- Mozzarella string-cheese sticks, orange wedges, whole-wheat carrot muffins
- Bagel spread with cream cheese, sugar snap peas, box of raisins
- Whole wheat tortilla rolled up with a slice of mild cheese, fresh green beans, small tangerines or clementines
- Banana bread spread with peanut butter and a little honey, cucumber slices, melon cubes
- Cream cheese and apple butter

on whole-grain bread, fresh veggie mix (baby carrots, snap peas, broccoli), dried apricots

- Half of a pita stuffed with shredded carrot and mild cheese (or peanut butter), individual cup of applesauce

Bread alternatives:

- pita (small or half regular size)
- muffin
- quick bread (banana, apple)
- whole-wheat bun
- bagel
- tortilla
- raisin bread

Filling suggestions:

- peanut butter, plain or with honey, jelly, or banana

- cream cheese, plain or with jelly or apple butter
- mild cheese
- hummus

Veggies:

- baby carrots or carrot sticks
- fresh green beans
- sugar snap peas
- zucchini sticks
- cucumber

Fruits:

- half a banana
- small apple
- orange wedge
- raisins or other dried fruits
- drained pineapple chunks
- individual size applesauce cups



Hopefully you'll find some inspiring ideas for health eating. Enjoy!

Adult Trauma RN Continuing Education

The State of Maryland requires an RN working with adult trauma patients ≥ 16 hours per week, must attend an annual trauma class. JHH offers free trauma courses!!



Adult Trauma Orientation class on August 31 and Sept 1 (basic 2-day trauma class)

Adult Trauma Continuing Education class on April 27 (one day class) (this class is applicable for RNs who have already taken a basic trauma course).

Intrastaff is now reimbursing for trauma courses. Call Kristin Merritt to find out if you meet the criteria and to register!

Pediatric Trauma RN Education

The State of Maryland requires an RN working with Pediatric trauma patients ≥ 16 hours per week, must attend an annual trauma class. JHH offers free Pediatric trauma courses!!

Basic Ped Trauma Workshop **“Care of the Pediatric Trauma Patient”** April 20, 2006 CMSC 101.

“Pediatric Trauma Workshop: Trauma Topics” (this class is applicable to RNs who have already taken a basic trauma course). May 4, 2006, 8:00am—4:30pm in CMSC 101.

Don't Forget: Intrastaff is now reimbursing for trauma courses! Call to find out if you meet the criteria.

Please call Kristin Merritt to register.

Annual Updates 2006 and POCT Glucose are assigned on Healthstream!



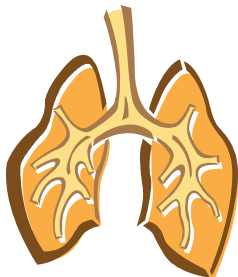
Please check Healthstream at www.cmecourses.com/johnshopkins to complete your assigned courses.

Intrastaff will reimburse for certain Healthstream courses until June 30, 2006. Call to find out if you are eligible for reimbursement.

Nursing Under the Dome *(from the March 20, 2006 issue)*

PLEURX

The PLEURX catheter is a long term, tunneled pleural catheter for patients with malignant pleural effusions, recently approved for use at JHH. This catheter provides relief of dyspnea and other symptoms, improving the patient's comfort and quality of life. Patients with PLEURX catheters will be given drainage kits with vacuum bottles for home use that allow for daily drainage of their symptomatic malignant pleural effusions.



Thoracic Surgery places these catheters in the operating room. If the patient is an inpatient, he/she will remain on his/her primary service and Thoracic Surgery will be the consult service.

For more information, including detailed patient instructions, see the new protocol at http://www.insidehopkinsmedicine.org/nursing/cnp/364_pleurx.pdf and/or

<http://www.denverbiomedical.com/>, or contact Jill Attia, CRNP, Thoracic Surgery, 2-3279,

Attention RNs and LPNs! Have you heard about our event on May 11, 2006? Please call Kristin or Michele at 410-583-2950 or drop them an email at IntrastaffStaffing@jhmi.edu. You'll be glad you did!



Intrastaff Employees in the Spotlight

During the February 2006 snowstorm, **Renaë Hansell**, an Intrastaff nurse, showed such dedication and hard work on Weinberg 4D that the Nurse Manager wanted her efforts known to Intrastaff. Great job Renaë—thank you for your exemplary service!

Joanne Latham, an Intrastaff CNA, received KUDOS from the Meyer 3 Charge Nurses. They shared that Joanne is a “hardworking, intelligent, and pleasant person” and that everytime they work with her, she exhibits “a positive attitude, excellent nursing skills and a compassionate approach to her assigned patient(s).” Joanne goes above and beyond and she is very much appreciated. Thank you Joanne!

Melissa Janis, an Intrastaff Respiratory Therapist, received a KUDOS award from the JHH Clinical Coordinator,

Respiratory Care Services Department for exhibiting outstanding teamwork in the department, hard work and team spirit. It is people like Melissa who help unify and promote the department. Great KUDOS to you, Melissa!

And on the personal side:

Melissa Clark shares that she is newly engaged... **Christine Rossilli** is expecting a baby this month... **Colleen Galster** had a baby girl on 2/8/06... **Melissa McGraw** had a baby boy on 2/23/06... **Joshua Hardin** and his wife had a baby girl on 1/14/06... **Kim VanAlstine** is expecting her third child on Labor Day this year... **Craig Zylka** and his wife are proud parents of four young children and are expecting a new baby this month... **Erinn Davis** was married in October, 2005 and is expecting their first child this September. They are also in the process of moving to the Eastern Shore.

If you have exciting information to share, please call or email the Intrastaff Office and let us know so we can publish it in an upcoming SOAP Notes issue!





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quality*

History of Memorial Day

- Did you know that Memorial Day was originally known as Decoration Day? It was first widely observed on May 30, 1868 as a time set aside to honor the nation's Civil War dead by decorating their graves. During the first celebration of Decoration Day, General James Garfield made a speech at Arlington National Cemetery, after which 5,000 participants helped to decorate the graves of the more than 20,000 Union and Confederate soldiers buried in the cemetery.
- In 1966, the federal government, under the direction of President Lyndon Johnson, designated Waterloo, New York, the official birthplace of Memorial Day. Waterloo was chosen because the town had made Memorial Day an annual, community-wide event during which businesses closed and residents decorated the graves of soldiers with flowers and flags.
- By the late 1800s, many communities across the country had begun to celebrate Memorial Day and in 1971, Congress declared Memorial Day a national holiday to be celebrated the last Monday in May.
- Intrastaff would like to send its thanks to all the men and women who have served and are serving our country. Thank you!

Newsletter on Patient Safety Available Online

Providing patients with quality care and protecting them from medical mistakes is one of our highest priorities. For that reason, there's a different kind of publication, *On Guard*, that's showing how patients have been harmed and sharing the lessons learned from these incidents and what we're doing to prevent them from recurring. Read the latest version online.

<http://www.insidehopkinsmedicine.org/safety/onguard/>



*Have a safe and
Happy
Memorial Day !*

*Plan ahead... Turn in
your timesheets before
Monday, May 29th at
8:30 am.*