

Enhance Your Clinical Skills - Become a More Effective Practitioner

If you seek to broaden your practice, increase the number of conditions you can treat effectively, and build your repertoire of clinical skills and techniques, this two-day seminar is designed for you.

This class covers several needling and non-needling Chinese Medicine techniques. You will observe them being demonstrated and then practice them with a partner in preparation for their use in clinic with your patients.

Learning Objectives:

Participants will learn, practice, and experience the following techniques:

- Fire Cups and Moving Fire Cups
- Bleeding
- Acupuncture Threading Techniques, Deep Insertion, and Scalp Acupuncture
- Plum Blossom/Seven Star Needle
- *Gua sha*
- Incorporation of Massage into Acupuncture Treatments
- Electroacupuncture

Additionally, participants will learn several extraordinary points and protocols to aid in the treatment of common health issues including nicotine addiction; respiratory problems such as bronchitis, acute asthma attack, and strep throat; pain syndromes including plantar fasciitis, carpal tunnel syndrome, migraines, chronic back pain, and peripheral neuropathy; urinary bladder problems; and a method to thicken the endometrial lining in infertility patients.

Thursday, Day One Schedule

8:30-9:00	Registration
9:00-9:10	Welcome, Overview of the Agenda, and the Tx of Pain
9:10-10:45	Fire Cups, Moving Fire Cups, and Suction Cups
10:45-11:00	Break
11:00-12:00	Fire Cups - continued
12:00-1:00	Lunch on your own
1:00-2:30	Bleeding
2:30-3:30	Threading Techniques, Deep Insertion, and Scalp Tx
3:30-3:45	Break
3:45-5:30	Acupuncture Reinforcing and Reducing Techniques

Friday, Day Two Schedule

9:00-10:30	Plum Blossom/7 Star Needle
10:30-10:45	Break
10:45-1:00	Incorporation of Massage Into Acupuncture Treatments
1:00-2:00	Lunch on your own
2:00-3:30	<i>Gua sha</i>
3:30-3:45	Break
3:45-5:15	Electroacupuncture
5:15-5:30	Student Questions and Issues
5:30-5:40	Course Evaluation

Each topic includes a brief didactic component that addresses actions, indications, and contraindications for each technique. The instructor will then demonstrate each technique followed by an opportunity for students to practice them on each other in groups of three. To receive credit for this course, you must be willing to participate in the practical component, both as a clinician and as a patient.

**For more information, please contact Jeff Gould
Phone: 410-828-3585
Email: jgould12@jhmi.edu
For seminar goals, learning objectives, and a more comprehensive schedule, go to our website:
www.hopkinsintegrative.org**

Acupuncture Clinical Skills - A Two Day, Hands-On Seminar

Name _____

Address _____

City _____

State _____ Zip _____

Office/Cell Phone _____

Home Phone _____

Email _____

Acupuncture College _____

Grad Date _____

State(s) Licensed _____

Registration Fee

Registration	\$ <u>350</u>
Required Class Supplies	\$ <u>30</u>
Check here if bringing <input type="checkbox"/> your own massage table for additional discount	\$ <u>(-) 20</u>
TOTAL	_____

Choose Your Class Date:

_____ Sept 8 & 9 or _____ Mar 29 & 30

**Please make checks payable to: JHU
and mail this form to: JHIMDC
2360 West Joppa Road, Suite 200
Lutherville, MD 21093**

Cancellation Policy: Requests for refunds by one month prior to class will receive 75% refund. Requests less than one month prior will receive no refund. No onsite registration on day of class.

Two Different Thursday/Friday Class Dates for Your Convenience

September 8 and 9, 2011
March 29 and 30, 2012

Class Fee \$350
Class Supplies \$ 30

(includes needles, lances, fire cups, hemostat, plum blossom kit, *gua sha* tool, gloves, lighter, alcohol, cotton swabs, sharps containers, massage oil, liniment, antiseptic cleanser, table paper)

This is a hands-on practical class, necessitating a small, intimate group. Therefore, we will accept ONLY 21 people per class and there will be no day-of-class registration. If interested, please register early.

The first 7 people to register who are able to bring a massage table to the class may deduct an additional \$20 from the total fee.



All classes will be held in the Foxleigh Building, Suite 101 Green Spring Station Lutherville, MD 21093 Directions and instructions for class preparation will be emailed 2 weeks prior to the scheduled class.

About Johns Hopkins Integrative Medicine and Digestive Center:

JHIMDC is a center in the Division of Gastroenterology and Hepatology, School of Medicine. Our mission is to provide integrative clinical services, including Biomedicine, Chinese Medicine, nutritional consultations, psychotherapy, and massage and bodywork; promote health in the community through preventive education; participate in research; and develop and train medical and allied health professionals and students in integrative medicine.

About the Class Instructor: Jeff Gould, LAc, DiplAc, DiplCH is a graduate of the Oregon College of Oriental Medicine. He served as clinic supervisor for Tai Sophia Institute's Chinese Herb Program and participated in the study "A Multi-Center Randomized Controlled Double Blind Trial Assessing the Effect of Acupuncture in Reducing Musculoskeletal Symptoms in Breast Cancer Patients Taking Aromatase Inhibitors." He is presently helping develop two other studies: acupuncture to treat gastroparesis and acupuncture to treat chemotherapy-induced peripheral neuropathy. Jeff was the consulting editor for Wanzhu Hou's *Treating Autoimmune Disease with Chinese Medicine*, 2011, published by Elsevier and the student editor for Guohui Liu's *Warm Diseases: A Clinical Guide*, 2002, published by Eastland Press. Jeff also has a Master of Education from the University of Maryland College Park in Counseling and Personnel Services.



Blending Traditional
Healing with
Modern Biomedicine

Johns Hopkins Integrative Medicine and Digestive Center



Acupuncture Clinical Skills: A Two Day Hands-On Seminar

14 Hours of NCCAOM-Approved Continuing Education

Your Source for Professional Development in Acupuncture and Modern Integrative Chinese Medicine