



Seated Massage Therapy

For JHU Faculty and Staff

Homewood Campus- Tuesdays, 11:00 am – 1:00 pm **and**
Thursdays

10:30 a.m. - 2:30 p.m.

East Baltimore Campus(Phipps)-Fridays

11:00 am – 2:00 pm

JH@Eastern – Mondays

11:30 – 1:30 pm

Mt. Washington Conference Campus - Mondays

11:00 am – 1:00 pm

The Downtown Center

10:00 am – 1:00 pm – Tuesdays

Physicians Billing Services at White Marsh

10:00 am – 1:30 pm – Thursdays

The Candler Building

11:00am-2:00pm - Every Other Tuesday

Enjoy the *stress* relieving benefits of Massage Therapy! The Office of Benefits Services, in conjunction with Occupational Health Services, offers 15 minute Seated Massages to JHU faculty and staff. Receive a 15 minute massage from a certified massage therapist for \$15.00. To schedule an appointment, call the office of Occupational

Health Services at 516-0450 or email dmills@jhu.edu .

Sponsored by the Office of Benefits Services