

# Health Insurance Smoking Cessation Options

You have made the most important decision you can ever make to improve the quality of your life and those around you.

The process of quitting tobacco may seem overwhelming at times, even impossible; BUT....46 million Americans have quit and many have quit on their own. Think about it...extra money and extra years of quality life. You have nothing to lose – except a very deadly habit – and everything to gain! You can do it!



Please read below to find what your insurance plan covers.

## The Johns Hopkins Home Care Group Smoking Cessation Benefits

- **Johns Hopkins EHP**

The Johns Hopkins EHP Medical Plans cover a 90 day supply per calendar year of smoking cessation products. The benefit is provided for employees only. The benefit covers a 90 day supply of Zyban, nicotine patches, nicotine gum, or Chantix – the choice is up to you. In order to comply with the health insurance plan you will need a prescription from your primary care physician to purchase any of the products. The following explains the co-pay you will need to pay for these products, depending on the EHP Plan you have. For more information, contact EHP at (410) 424-4400.

**Non-Represented Employees**

\$10 Generic, \$20 Preferred, \$40 Non-Preferred

**Represented Employees**

\$10 Generic, \$20 Preferred, \$40 Non-Preferred



A program for JHHCG benefit eligible employees  
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