

The Johns Hopkins Hospital

Infection Control While in Isolation

For Patients

You have been placed in isolation.

It is very important to protect everyone from infection. To do so, we sometimes need to use special safety measures.

Spread of Infection

Infections can be spread through the air and by contact with clothing, hands, personal items, or health care equipment.

The most important step to stop the spread of infection is to wash your hands. **Wash your hands** often and well after using the bathroom, touching something that is soiled, or assisting in any patient care activity.

Use the waterless hand sanitizer located on the wall outside your room.

Use soap and water for at least 15 seconds.

If you have questions

Ask your doctor or nurse if you have any questions. If necessary, your nurse will tell you about special precautions you can use at home.

Your Friends and family need to follow these rules:

- Before entering your room, they need to **check-in at the nurses station**. The staff will provide any protective clothing that must be worn by your friends or family.
- **Read the Precautions Sign** posted outside your room.
- **Wash their hands** with soap and water or use the waterless hand sanitizer before they enter or leave your room.
- Visitors are limited to 2 at a time.
- If they are feeling ill, they should not visit.
- Bring as few things as possible into your room.

If you understand the safety measures you can help stop the spread of infection.