## GYN History and Physical

### Chief Complaint:

HPI – First sentence should include age, parity, LMP and present problem (details about cc and other relevant information).

### Menstrual History

- Menarche, duration, flow and cycle length of menses, IMB (intermenstrual bleeding), or contact bleeding, dysmenorrheal, PMS, climacteric

### Gynecologic History

- Breast history – history of breast disease, breast feeding, the use of SBE (Self Breast Exam), last mammogram (if applicable)
- Previous gyn surgery (can include in surgical history)
- History of infertility
- History of DES (diethylstilbestrol) use by patients mother
- Last pap smear – history of abnormal pap

### Contraceptive/Sexual History

- Current method/patients satisfaction with current method
- Past Methods
- Current sexual active
- Number of Partners
- New partner in last 3 months
- Condom use
- History of sexual abuse

### PMH

- Operations/transfusions
- Allergies
- Medications
- Habits (smoking, alcohol use, drug use, etc.)
- Infectious diseases (gonorrhea, Chlamydia, syphilis, herpes, genital warts, trichomonas, HIV, TB, rheumatic fever, hepatitis)
- Medical illness

### Social History

- Marital status
- Employment
- Age and health of children
- Social supports
Family History

**ROS**
Concentrate of GY/GI; pertinent negatives may include, abnormal discharge, abnormal bleeding, dyspareunia, abdominal/pelvic pain, dysuria, hesitancy, urgency, incontinence, change in bowel habits, rectal bleeding
For post/perimenopausal woman – hot flashes/night sweats, vaginal dryness, abnormal bleeding, irritability, depression, mood changes

**PE**
Vital Signs
Thyroid
Breasts
Lungs
Heart
Abdomen
Extremities

Pelvic Exam
External genitalia
Vagina
Cervix
Uterus
Abdomen
Recto-vaginal