

PARENTS/GUARDIANS













PLEASE READ BEFORE THE DAY OF PROCEDURE

Eating or drinking rules before your child's surgery, test or treatment



Food and drink taken before anesthesia can cause problems such as choking or vomiting. **If you don't follow these rules, your child's surgery may be cancelled.**



Type of food	Examples	Latest time the patient can eat or drink
Clear liquids		2 hours before you are told to arrive at hospital 
		
	Liquids you can see through such as water, apple juice, Pedialyte, or other clear juices (no pulp), plain jello Last drink may not be more than 1 regular cup (8 oz)	
Breast Milk		4 hours before you are told to arrive at hospital 
<u>ALL</u> other foods and liquids	Solids, milk, formula, candy, meat, bread, fried foods, cheeses, ice cream, mints or gum	Midnight the night before surgery 
	   	

Please give your child his/her usual medications on the morning of surgery. Pills can be taken with a sip of water. If you have any questions, please call an anesthesiologist at **410-955-7610**, Monday-Friday from 9 AM-4 PM

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