

# Low-Vision Therapy

## What is low vision?

A visual impairment affecting a person's ability to perform everyday activities that cannot be corrected by standard glasses, contact lenses, surgery or medicine.

## Low vision makes it difficult to do the following

- Dial a telephone/locate a phone number in a phone book
- Drive
- Pay bills/read mail
- Read a computer screen at work
- Scan a shelf at the grocery store

## How can occupational therapy help with low vision?

- Create a safe home environment
- Help modify activities and/or environment
- Teach people to maximize use of remaining vision
- Train people in the use of assistive devices or aids

## Services Provided

- Environmental/home-safety modifications
- Optical and other low-vision aids and assistive-device training
- Reading and handwriting training
- Support group and low-vision resources
- Visual-skills training



An occupational therapist demonstrates the use of an electronic optical device to increase independence with functional reading and writing.

**Referrals can be sent via fax or mail to**

**The Johns Hopkins Hospital**  
Meyer 1-130  
600 North Wolfe Street  
Baltimore, Maryland 21287  
Phone: 410-614-3234  
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