Mentoring - ongoing relationships

* Career development
* Leadership development/administrative skills
* Grants- basic science
* Grants- translational and clinical research
* Scholarship development
* Writing skills
* Content expert
* Teaching skills
* Advocacy activities
* Curriculum development
* Work-life integration

Coaching – mentors observing mentees during an activity

* Leading/conducting a meeting
* Leading /teaching on rounds:
  + In the ER
  + In the OR
  + Inpatient medical teams
* Public speaking-interviews
* Presenting at Lectures/large groups including Grand Rounds
* Facilitating small group learning:
  + Classroom
  + Clinical settings
  + Lab
* One on one teaching:
  + Precepting in clinical setting
  + In the lab
  + In the OR