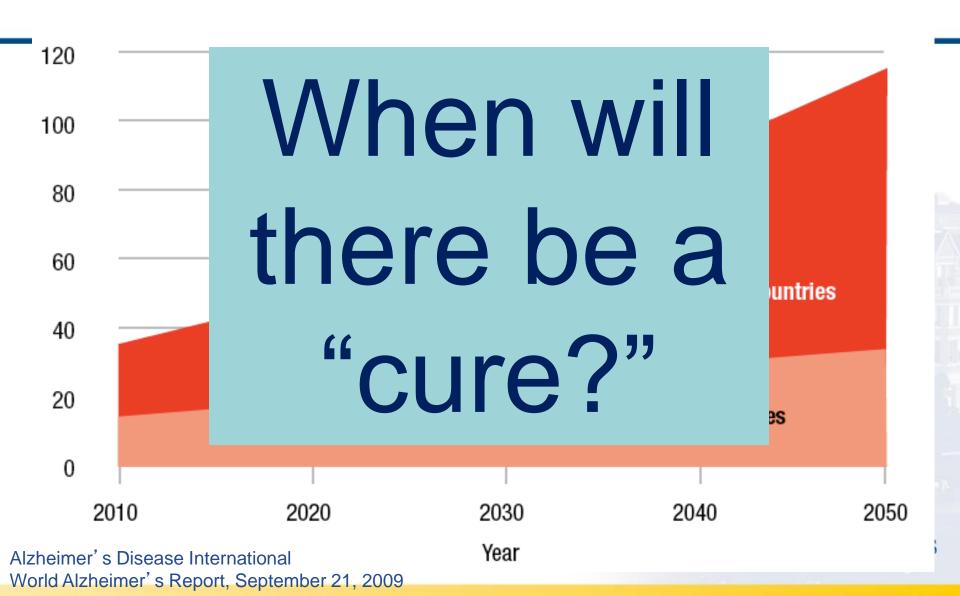
Dementia Care Works

Constantine G. Lyketsos, MD, MHS
Elizabeth Plank Althouse Professor, Johns Hopkins University
Director, Memory and Alzheimer's Treatment Center
kostas@jhmi.edu

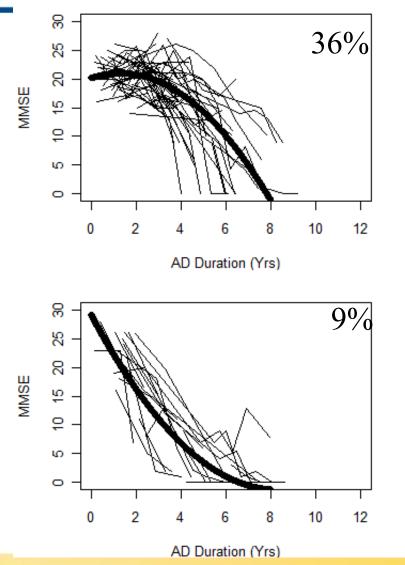
Science Writers Boot Camp National Press Club Washington, DC 7 May 2018

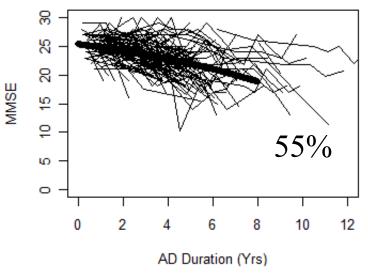


Figure 1 The growth in numbers of people with dementia (in millions) in high income countries, and low and middle income countries



Progression trajectories in dementia Cache County Study, Utah 1997-2015

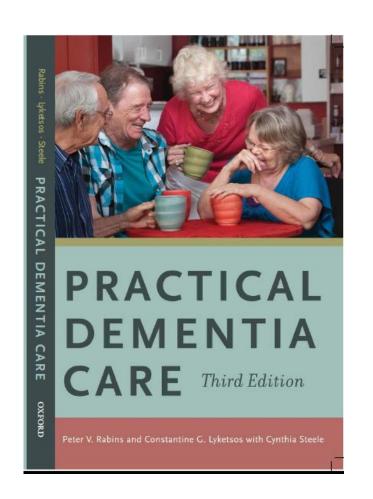








Dementia Care started in Memory Clinics Johns Hopkins Memory and Alzheimer's Treatment Center



STATE OF THE ART

- Interdisciplinary specialist team
- Personalized interventions
- Medical management
- Comprehensive caregiver support
- Access to research protocols



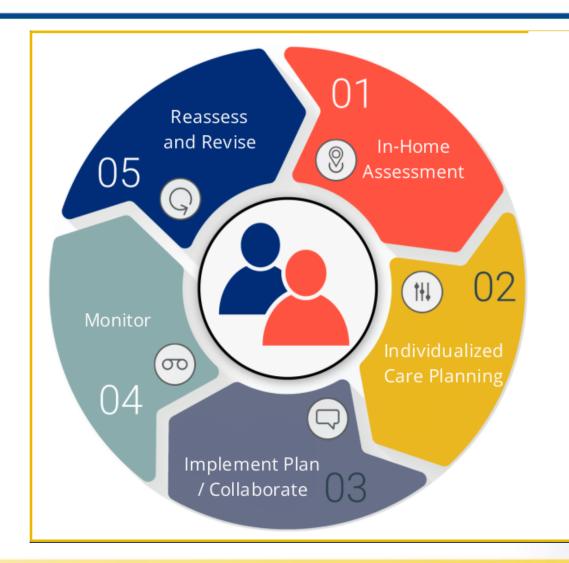
Dementia Care common activities

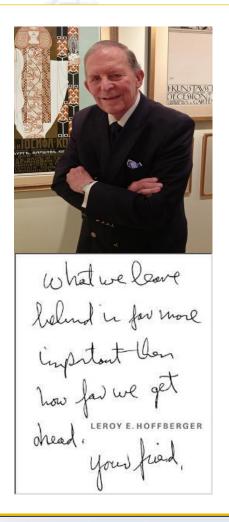
- Manage co-morbidities
- Reduce medication load
- Prevent delirium: anesthesia
- Treat cognitive symptoms
- Treat behavioral symptoms
- Support patients
- Support caregivers





Maximizing Independence at Home The MIND at HOME Project

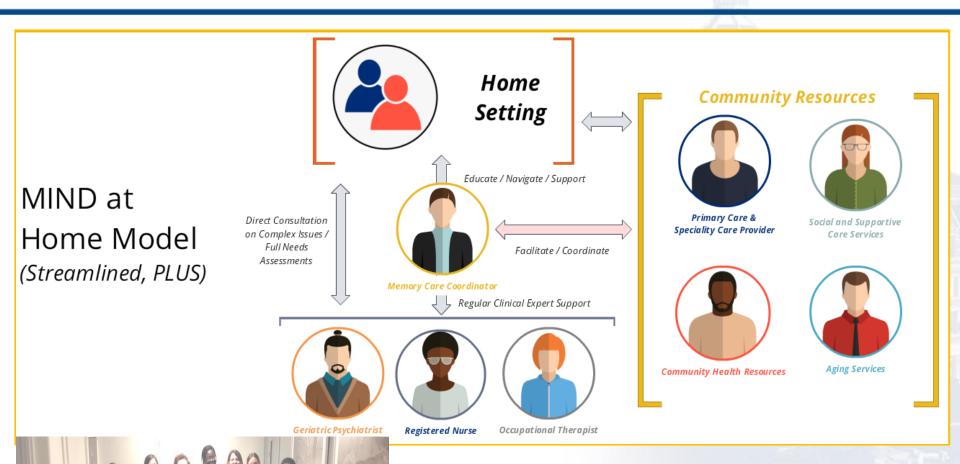






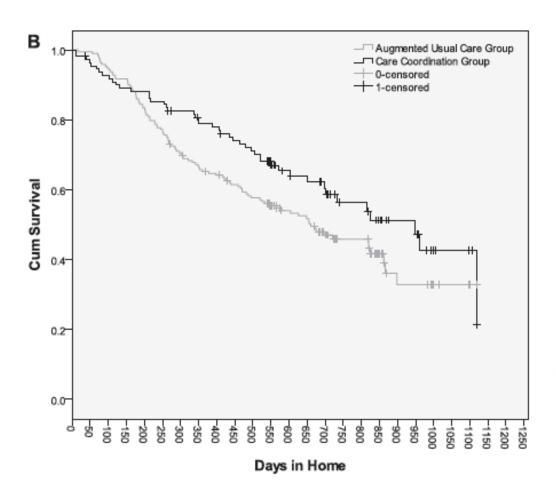
Interdisciplinary team

including non-licensed community health workers





MIND delays leaving current home

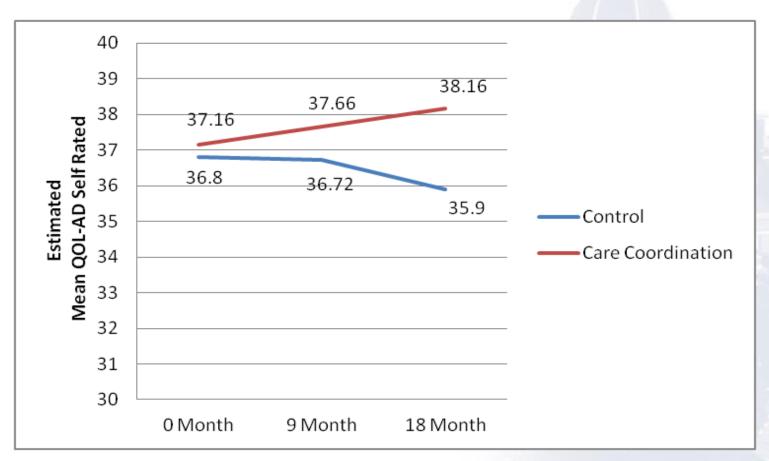


Usual care—median = 660 days MIND—median = 948 days

Difference = 288 days ALMOST 10 MONTHS

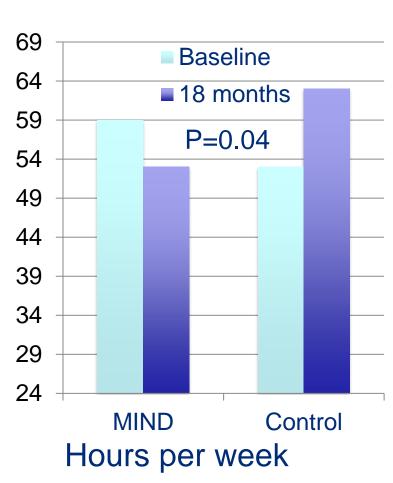


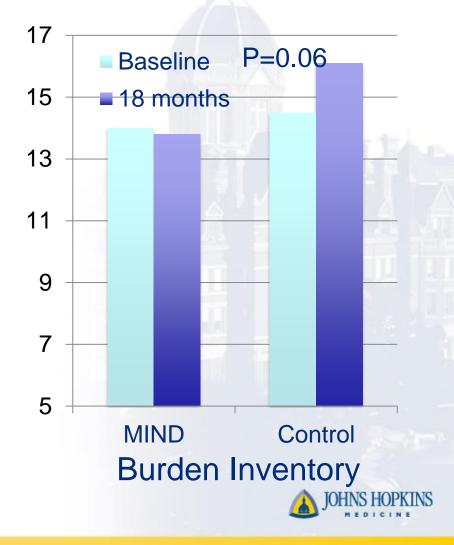
MIND improves quality of life





MIND benefits caregivers





Tanner et al, AJGP, 2015

Facing reality: balancing "cure" with "care"

We CAN take proper care of 100+ million patients & caregivers worldwide





MEDICINE

JOHNS HOPKINS
BAYVIEW MEDICAL CENTER





Thank you! Ευχαριστω!

