



# Caring for Your G / J Tube

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## Four Steps for Performing Infusions:

Practice good hand-washing **1**    Prepare Supplies **2**    Remove Dressing & Clean Site **3**    Apply Dressing **4**

### STEP 1: PRACTICE GOOD HAND-WASHING

- Always remember to **WASH YOUR HANDS** for a full 20 seconds when instructed.

### STEP 2: PREPARE SUPPLIES

- Clean workspace with cleaning solution. **WASH HANDS.**
- Gather the following supplies and place at your workspace: 1 Bottle of Hydrogen peroxide; 1 bottle of sterile water or NS; 2 SXS split gauze; 1 Roll of 2 inch paper tape; 2 alcohol pads; 6 sterile Q-Tips; 1 small plastic bag for trash.
- Prepare supplies on the clean work area. **WASH HANDS.**

### STEP 3: REMOVE DRESSING AND CLEAN SITE

- Remove the gauze dressing and tape and place in trash bag. **WASH YOUR HANDS.**
- Clean the insertion site in circular fashion moving outwards away from tube with 3 Q-Tips dipped in Hydrogen Peroxide.
- Clean the insertion site in circular fashion moving outwards away from tube with 3 Q-Tips dipped in Sterile water or Normal Saline. **WASH YOUR HANDS.**

### STEP 4: APPLY DRESSING

- WASH YOUR HANDS.**
- Apply the two split gauze around the tube one above and one below the tube and secure with tape in a window fashion.
- Open the alcohol pads and wipe around the dressing on the skin and allow to dry. Repeat X1.
- WASH HANDS.**

*Congratulations, you have completed the dressing change and care!!*