



INSTRUCTIONAL CHECKLIST:

Caring for your G/J Tube

For additional education please contact your agency

Four Steps for Performing Infusions:

Practice good hand-washing **1** Prepare supplies **2** Remove dressing & clean site **3** Apply Dressing **4**

Medication(s) to infuse:

Home Infusion Nurse (name, #):

Home Infusion Pharmacist (name, #):

Practice good hand-washing

Always wash hands when instructed

Soap and water preferred

Hand sanitizer (optional)

Wash for a full 20 seconds or rub until dry

STEP 1: PRACTICE GOOD HAND-WASHING

- Always remember to **WASH YOUR HANDS** for a full 20 seconds.
 - ❖ Soap and water is always preferred. If soap and water are not available, hand sanitizer is acceptable.
 - ❖ Make it a habit to wet your hands, apply soap, and lather for 20 seconds (hum the Happy Birthday song twice).
 - ❖ If using hand sanitizer, rub a dime-sized amount between your hands until dry. Never wave or blow on your hands to speed up drying.
 - ❖ Remember, if you are using gloves, you must still wash your hands.
 - ❖ Washing your hands helps reduce your chance of infection.

Prepare supplies

Clean workspace

WASH HANDS

Gather supplies

WASH HANDS

Remove old dressing

WASH HANDS

STEP 2: PREPARE SUPPLIES

- Your tube's dressing should remain securely over the entrance site and remain clean and dry.
 - ❖ Clean the entrance site of the tube daily.
 - ❖ Change the tube's dressing at minimum of every 48 hours or as needed depending upon drainage and need.
- Clean your workspace with cleaning solution (alcohol/sanitizing wipes or Lysol + paper towels).
 - ❖ Select a dry, hard work surface to set up your medication and supplies.

WASH YOUR HANDS.

- ❖ Soap and water are preferred, hand sanitizer optional if soap and water are not available.
- ❖ Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.

Gather the following supplies and place on your workspace:

- ❖ 1 Bottle of Hydrogen Peroxide
- ❖ 1 Bottle of Normal Saline
- ❖ 2 2 X 2 split gauze
- ❖ 1 Roll of 2 inch paper tape
- ❖ 2 Alcohol pads
- ❖ 6 Sterile Q-Tips
- ❖ 1 small plastic trash bag

Prepare your supplies and place them in your work area.

- ❖ Open the gauze packages careful not to contaminate the gauze held within. Set aside for use.
- ❖ Open the bottle of normal saline and hydrogen peroxide.
- ❖ Open the Q Tips careful not to contaminate the tips.

WASH YOUR HANDS.

- ❖ Soap and water are preferred, hand sanitizer optional if soap and water are not available.
- ❖ Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.



STEP 3: REMOVE DRESSING AND CLEAN SITE

Remove the tape and gauze dressing from the site and place in the trash.

- ❖ Notify your care provider for increased drainage, foul smell, or excessive blood from site.

WASH YOUR HANDS.

- ❖ Soap and water are preferred, hand sanitizer optional if soap and water are not available.
- ❖ Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.

Clean the insertion site.

- ❖ Dip one Q-tip head into the hydrogen peroxide and gently clean around the insertion site in a circular format working your way outwards.
- ❖ Do not return to an area already cleaned.
- ❖ Repeat with two additional Q-tips to total 3 Q-tips.
- ❖ Dip one Q-tip head into the normal saline or sterile water and gently clean around the insertion site in a circular format working your way outwards.
- ❖ Do not return to an area already cleared.
- ❖ Repeat with two additional Q-tips to total 3 Q-tips.



STEP 4: APPLY DRESSING

WASH YOUR HANDS.

- ❖ Soap and water are preferred, hand sanitizer optional if soap and water are not available.
- ❖ Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.

Open a split gauze.

- ❖ Place the first of two gauze around the insertion site close to the skin under the tube.
- ❖ Place second gauze over top of first gauze and tube.

Use paper tape to create a window frame around the gauze to better secure the dressing in place.

Open the alcohol pad and apply around the dressing on the skin. Allow to dry. Repeat with second alcohol pad.

WASH YOUR HANDS.

- ❖ Soap and water are preferred, hand sanitizer is optional if soap and water are not available.
- ❖ Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.

You have finished the dressing change.

Make a habit to:

Find a **CLEAN WORKSPACE** to perform infusions and store supplies.

WASH YOUR HANDS for at LEAST 20 seconds.

- ❖ Soap and water preferred (use hand sanitizer if soap or water are unavailable).
- ❖ Hum the Happy Birthday song twice.

This is not a sterile procedure but should be as clean as possible. Gloves are not indicated for this procedure.

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