



Living with Cancer Resources & Support

May 2024

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

If you have a printed copy of this newsletter and would like an electronic copy with web links to the resources, please call 410-955-8934.

May Cancer Awareness



Bladder Cancer – The [Greenberg Bladder Institute](#) at Johns Hopkins offers [recordings](#)

of past virtual grand rounds and educational sessions for [women only](#). The next session on coping during treatment (and after) is June 18. [Email](#) for info.



Brain Cancer – Doctors will diagnose cancers of the brain or central nervous system in about 25,400 people in the USA in 2024, according to [National Cancer Institute](#).



Melanoma & Skin Cancer is the most commonly diagnosed cancer. Highly treatable, this [website](#) gives a good overview of what you can look for which would warrant a look by your dermatologist.



Wednesday, May 15, 6:00-9:00 pm – Free Film Showing
Towson Unitarian Universalist Church

1710 Dulaney Valley Rd, Timonium, Maryland
Hosted by [HopeWell Cancer Support](#)

Free to attend – [Pre-registration required \(click here\)](#)

After the film will be a panel discussion & entertainment by Marcy Marxer, breast cancer survivor, and Cathy Fink, her partner in life and music. Lite fare and beverages will be served as well as a cash bar for wine and beer.



... offers over [35 free programs and services](#) to cancer patients and their loved ones, from

diagnosis to survivorship. Services and classes are offered weekdays and evenings, Monday-Thursday. [Register](#) to take advantage of this support in its many forms. You can access [free podcasts](#) right now! Call 410-990-0941 or [email](#) for more information about Wellness House.

We are here to help!

Call 410-955-8934

**The Harry J. Duffey Family
Patient & Family Services Program**

Licensed clinical social workers, chaplains,
housing resources, support and guidance
during your treatment.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editors.

**Navigating Financial Toxicity & Blood Cancer
Cancer and the Black Community Series**

Thursday, May 2, 6:00-7:30 pm – Free Virtual Webinar

Speaker: Kaliesha Johnson, Patient Financial Navigator

Sponsored by [LLS](#) – Leukemia & Lymphoma Society

You may [email](#) or call 703-399-2959 for more details.

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Johns Hopkins Kimmel Cancer Center / [National Capital Region](#) offers free, diagnosis-specific support groups for [women](#) and [men](#), meditation, yoga and more – these are **free and open to all. Plus, many are virtual (by Zoom). Email CancerSupportNCR@jhmi.edu for info.**

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Support Options - at no charge!

[Johns Hopkins Breast Health Services](#) offers support groups led by patient navigators, specifically for [early stage](#) young women, those with [metastatic](#) cancer and [early stage over 50](#).

[Wellness House](#) of Annapolis – 410-990-0941
admin@annapoliswellnesshouse.org

[Hope Connections](#) – 301-634-7500
info@hopeconnectionsforcancer.org

[HopeWell Cancer Support](#) – 410-832-2719
info@hopewellcancersupport.org

[Smith Center](#) for Healing and the Arts – 202-483-8600
info@smithcenter.org – check out their [calendar](#).

[Cancer Support Community Washington, D.C.](#) – [Contact](#) online or call Rachel at 202-659-9709, ext. 4698

[Claudia Mayer/Tina Broccolino Cancer Resource Center](#)
[Email](#) Chris or call 410-740-5858

[Ulman Foundation](#) – 410-964-0202 - [Email](#) - resources online & in person for young adults and adolescents

[Wiersberg Warriors](#) Foundation provides resources and support for young adults with cancer on the Delmarva's Eastern Shore (rides, meals and/or care packages). [Email](#) for more info.

[SPOHNC](#) monthly [Zoom](#) support group for people with oral and head and neck cancer. [Click](#) for info. [May 8, 6:30-7:30 pm](#) is the next meeting.

[Life with Cancer](#) provides education, support groups and psychosocial support online, in-person to anyone, **any age**, impacted by cancer, at no cost! [Email](#) or call 703-206-5433.

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JHH Lung Cancer Support Group
– monthly on the 2nd Thursday, 5:30-7:00 pm, in person or by [Zoom](#).
[Email](#) or call 410-550-6565 for info.

Thur, May 9 topic: Advanced Practice Providers



This local [non-profit](#) provides free programs to cancer patients and their caregivers within six months of active treatment or six months after treatment. They provide **retreats of respite**, creating an environment focused on fun, relaxation, and self-care. Day retreats for those affected by cancer will take place in [July and August](#). [Virtual Bingo](#) for families will be **Sunday, May 5, 3:00-4:25 pm**. Special programs are offered for [children](#) and men - a [day retreat in June](#).

[Email](#) or call 410-988-5760 for more information and registration instructions.

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Check out these other free resources:



[CancerCare](#) – helpful resources, info, and online support groups.



[Cancer Hope Network](#) offers peer to peer support through a [free match](#) with a mentor. Caregivers can also [request a match](#).



[Free webinars and information](#) with a focus on work issues & cancer.



[Image Recovery Centers](#) - [Email](#) or call 410-502-5623 if your appearance has been affected by treatment. Insurance is accepted for eligible services.



[National Comprehensive Cancer Network](#) – patient & caregiver resources by topic, in various languages.



[PanCAN](#) – Pancreatic Cancer Action Network provides free info and one-on-one support to patients and caregivers.



[National Brain Tumor Society](#) – [info](#) and [support](#), including monthly online [support conversations](#).



[Triage Cancer](#) *tiene varios recursos disponibles en Español* and in [English](#) – videos, 2024 list of relevant [webinars](#)



[American Cancer Society](#) – Support through “online chat” or by phone 1-800-227-2345, and other free resources.



[LLS](#) offers [peer support](#), a free remote [nutrition consult](#) with a registered dietician, resources, and a one-time

[\\$100 stipend](#) for non-medical expenses. A webinar will be on **Financial Toxicity** on May 2, at 6:00 pm. You may [email](#) or call 703-399-2959 for more info.