



# Living with Cancer Resources & Support

## May 2022

Published by The Harry J. Duffey Family Patient and Family Services Program  
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

### Monthly Awareness

- [Melanoma & Skin Cancer](#)
- [Brain Cancer Awareness](#)
- [Bladder Cancer](#) Awareness



May is also [National Cancer Research](#) Month. Read about many exciting advances on the website.



### Dragon Boat Club

Check out the dragon boat teams in your area. This is a fun way to stay fit and connect with other survivors, and as a bonus you will

get a low-impact cardiovascular workout. Click on links below to find more information about a club near you!

- [Baltimore Dragon Boat Club](#) @ Tide Point Marina
- [Annapolis Dragon Boat Club](#)
- [Washington DC Dragon Boat Club](#)

### Online Resources

[CancerCare](#) – for helpful resources, info, online groups  
[Leukemia & Lymphoma Society](#) – news, updates, live chat, community support, financial support options  
[National Comprehensive Cancer Network](#) – patient and caregiver resources by topic, in various languages  
[Ulman Fund for Young Adults](#) – [guidebook](#), social media, resources (including [scholarships](#)), [Q&A](#)  
[Triage Cancer](#) *tiene varios recursos disponibles en español* as well as in [English](#) – videos, webinars, guides – on many different topics affecting you and your life.  
[Nancy's List](#) has a helpful list of [integrative modalities](#) with brief definitions, and info on [financial resources](#).

### Ask the Expert: Cancer & COVID

May 12, 2022 – Online / Virtual  
1:00pm-2:00pm

Dr. Clifford S. Mitchell, speaker



[Hopewell Cancer Support](#) is hosting a **virtual event** about all things COVID, especially as it relates to those living with a cancer diagnosis. Dr. Mitchell is from the Maryland Department of Health and will provide an update on COVID and address the science that is informing decisions regarding the best way to keep everyone in our community safe. There will also be ample time for questions. [Email](#) HopeWell to register or for more info.



### [Triage Cancer Online Conference](#)

Saturday, May 21, 2022  
10:00am-6:30pm (EST)

Get useful tips to navigate practical issues, minimize financial burdens, and reduce stress. The speakers will answer [questions](#) you didn't know to ask ... about insurance, work, managing medical bills and paperwork, and so much more. [Register](#) now for this **FREE** event!

### [Patti Robinson Kaufmann](#) [First Connection® Program](#)



If you or a loved one has been newly diagnosed with a blood cancer, the LLS has a first connection program which allows newly diagnosed patients or caregivers to connect with someone who has gone through similar experiences. If interested, go to [www.lls.org](http://www.lls.org) for information on peer to peer support.

## Living with Cancer Resources & Support May 2022

### Financial Wellbeing Webinar Series



CCCSMD offers a series of unique and **FREE** web-based financial literacy [workshops](#) all through May, directed towards increasing the economic strength of communities and individuals. Click on [workshops](#) to learn more about the different topics offered.

Check out the CCCSMD [website](#), or call 1-800-642-2227 to speak to a Financial Advocate.

### Looking for Support?

For information from our Cancer Support Colleagues who provide programs at **no charge**:

[Wellness House](#) of Annapolis – 410-990-0941  
[admin@annapoliswellnesshouse.org](mailto:admin@annapoliswellnesshouse.org)  
*Also offers free, short-term counseling to members*  
[Hope Connections](#) – 240-714-4744  
[info@hopeconnectionsforcancer.org](mailto:info@hopeconnectionsforcancer.org)  
[HopeWell Cancer Support](#) – 410-832-2719  
[info@hopewellcancersupport.org](mailto:info@hopewellcancersupport.org)  
[Smith Center](#) for Healing and the Arts – 202-483-8600  
[info@smithcenter.org](mailto:info@smithcenter.org) – see programs for [January Claudia Mayer/Tina Broccolino Cancer Resource Center](#) – [Email](#) Chris or call 410-740-5858

Our Cancer Support colleagues offer **virtual support groups** for [men](#), women, young people, [caregivers](#), [newly diagnosed](#), [advanced cancer](#), readers, [knitters](#), [head and neck](#) cancer, and by [disease group](#)! Click the links for info about these & more!

### We are here to help!

Short term counseling, advanced directive consultation, spiritual support, & resources.

**Call 410-955-8934**

### The Harry J. Duffey Patient & Family Services Program

Licensed clinical social workers, chaplains, and housing resources during your treatment, support and guidance.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editors by clicking this [link](#)! Or call 410-955-5842.



### National Nurses Week May 6-12, 2022

A [week](#) is set apart each and every year to highlight the sacrifices, contributions and accomplishments of nurses in the many settings where they serve, including healthcare. Remember to thank these true “life savers” you know, meet and interact with daily!

### Financial Health & Cancer

**Lou Yeager, Speaker & Survivor**

**Thursday, May 19, 2022**

**1:00 - 2:30 PM**



Mr. Yeager, founder of Catastrophic Health Planners, will lead a conversation about financial issues related to living with a cancer diagnosis, with time for questions.

These topics will be covered:

- Applying for Social Security disability benefits
- Maintaining health insurance
- Navigating cancer-related legal matters
- Budgeting and organizing finances

**Email HopeWell to register or for more info.**

### Young Adult Council

Wed, May 11, 2022, 5:00 pm



The main objectives of the LLS Young Adult Council are to raise awareness, create community, and drive change to increase the LLS footprint in the [young adult blood cancer](#) community. Join the quarterly meeting (virtual) on May 11 at 5pm to learn more. [Click](#) to email [Julia Williams](#) for log in info.

### Advance Medical Planning: Tackling a Tough Subject

Wednesday, May 18 – 7:00-8:30 PM (online / virtual)

Join Dr. Dan Morhaim, an ER doctor, as he provides practical guidance about this tough subject.

**Email HopeWell to register or for more information.**



If you are not signed up to receive this Living with Cancer monthly newsletter, use the QR Reader on your phone or tablet to scan and [register](#) today!