



# Maanasi Global

Mental health in Low and Middle Income Countries



'Maanasi - Of sound mind'



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ಇಲ್ಲಿಯವರೆಗೆ ನೃತ್ಯತಾ  
• ಒಂದು ಕೆಲಸ ಮಾಡುವ ಕೆಲಸ  
• ಮಾಡುವ ಕೆಲಸ  
• ಕೆಲಸ ಮಾಡುವ ಕೆಲಸ ಮಾಡುವ  
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1:30 / 26:10



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'Maanasi - Of sound mind'



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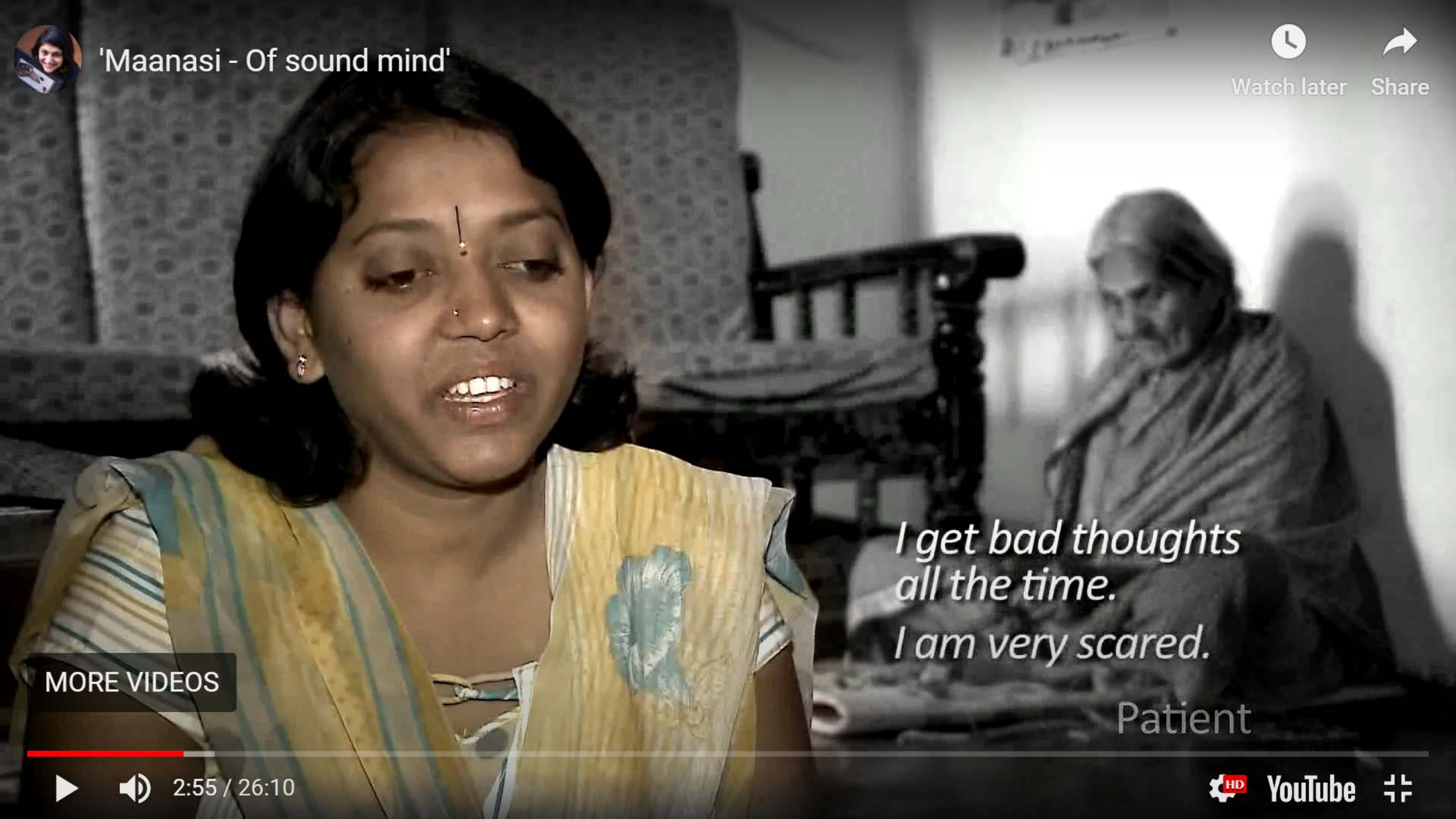
'Maanasi - Of sound mind'



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*I get bad thoughts  
all the time.*

*I am very scared.*

Patient

MORE VIDEOS



2:55 / 26:10



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'Maanasi - Of sound mind'



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*They said I was possessed.  
They took me somewhere  
and put holes in my head*

MORE VIDEOS  
Patient



3:02 / 26:10



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'Maanasi - Of sound mind'



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*One day I was beaten up by my in-laws and left near my uncle's house. They said, "If she survives take her home otherwise there's a canal with flowing water close by,*

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▶ 🔊 3:25 / 26:10



'Maanasi - Of sound mind'



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*One can live without hands.  
Without sight.  
One can even live without legs.  
But if one's mind is ill, then  
it is like being dead anyway.  
Is it not?*

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3:44 / 26:10



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'Maanasi - Of sound mind'



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# “Project Maanasi”

A comprehensive rural community mental health care program

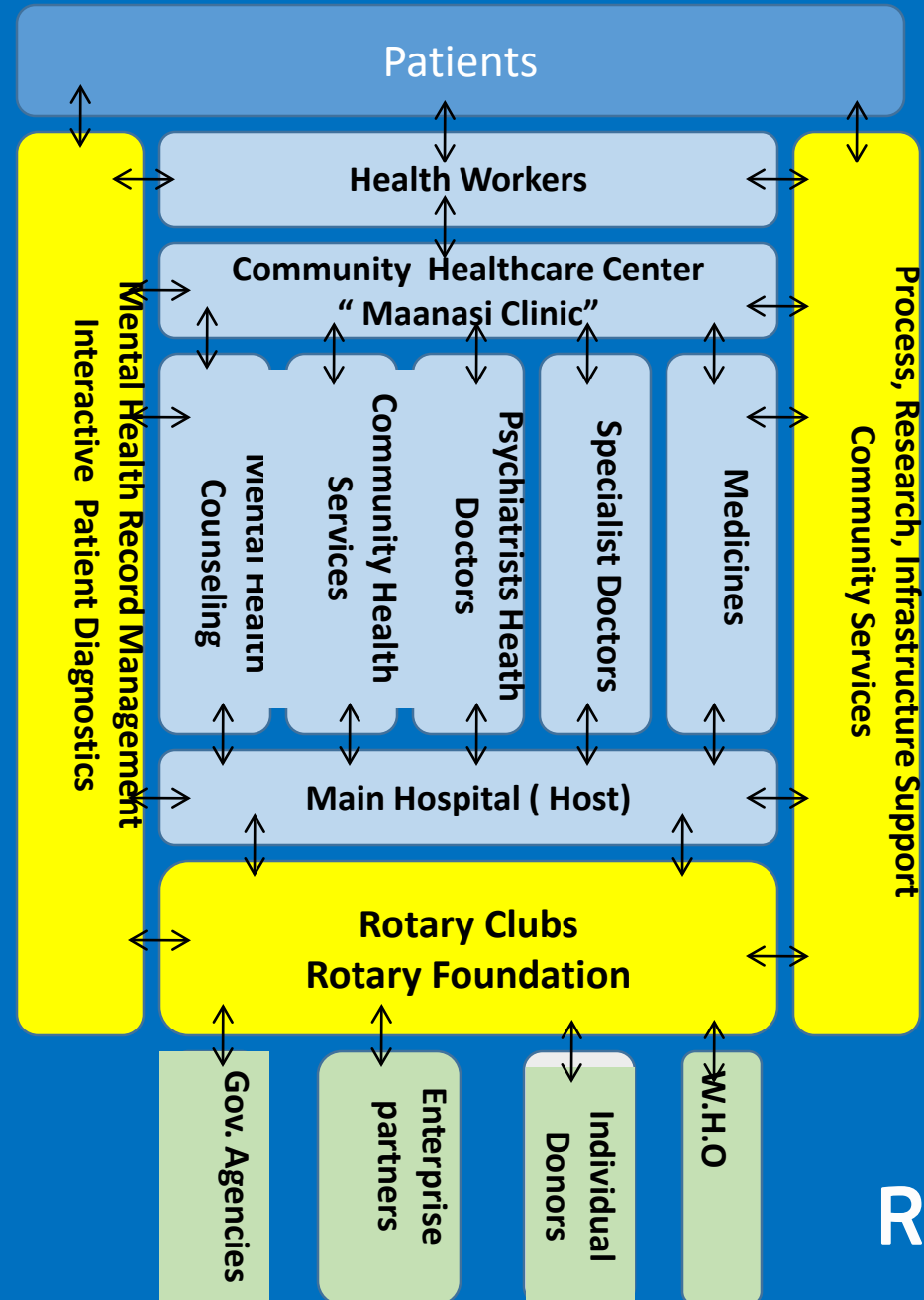
**Project Maanasi** is a humanitarian partnership initiative by Rotary clubs of Bangalore Midtown & Rotary Club of Howard West ,USA through the Rotary Foundation

to provide quality community mental health care in rural southern India.

It complements the efforts of the Government of India’s

“National Mental Health Program”

The “**Maanasi Clinic** model is recognized by the World Health Organization (W.H.O) as a low cost model for providing mental health care in developing nations.





WELCOME  
WISH YOU HAPPY NEW YEAR 18-12-15  
HAPPY CHRISTMAS 2015-2016  
ಮಾನಸಿ ಶಾ|| 12-01-2016  
ಕೆ. ಬರುತ್ತಾರೆ







ರಾಜ್ಯ ರಾಜಿ



ಪಶ್ಚಿಮ



ದಿನಾಂಕ:- || 2016  
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ವಿಷಯ:- ಜನವರಿ  
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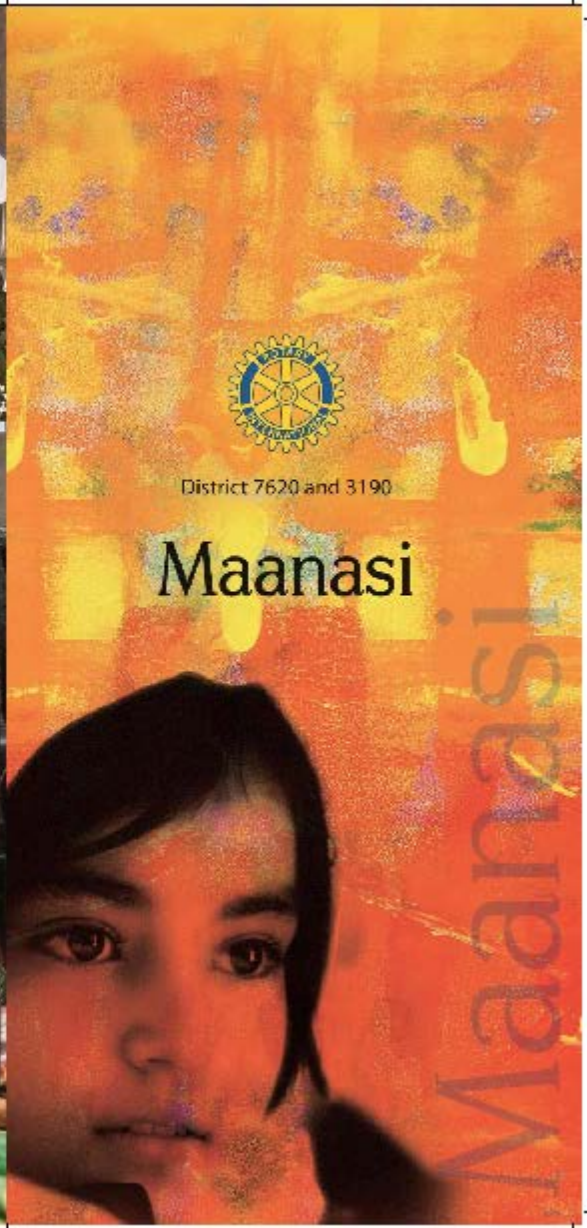


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ಸಮಗ್ರ ಶಿಕ್ಷಣ  
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ಸುಸಜ್ಜಿತವಾದ  
ಮೆಸುರಿನ ದೈನಂದಿನ  
ಸೆರಿಯಾದ ಅಭಿವೃದ್ಧಿ  
2. ಸಿಹಿ ಅಭಿವೃದ್ಧಿ  
ಇಲಾಖೆಗೆ ನಡುವೆ  
ಬಿಡುಗಡೆ ಮಾಡಿ  
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ಇಲಾಖೆಗೆ ನಡುವೆ  
ಬಿಡುಗಡೆ ಮಾಡಿ



Maanasi





## HARVESTING HOPE MURDER MYSTERY DINNER 2019

Saturday, November 2, 2019  
At 6:00 PM-10:00 PM EDT  
Howard Community College  
10901 Little Patuxent Pkwy,  
Columbia, Maryland 21044

Doors open at 5:30 pm - food, beer, wine,  
prizes, and fun!!

Ticket: \$100 per person

Attire: Formal

### HOSTED BY ROTARY CLUB OF HOWARD WEST

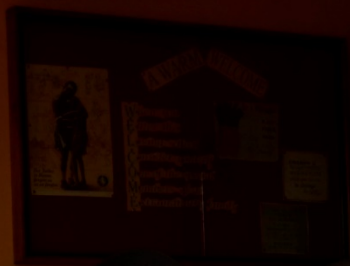
Hugues Jean  
Phone: +1(443) 928-9389  
email: [hjmedia17@gmail.com](mailto:hjmedia17@gmail.com)  
website: [www.howardwest.rotary-clubs.org](http://www.howardwest.rotary-clubs.org)



# ROTARY CLUB - HOWARD WEST



[www.rotary.org](http://www.rotary.org)









**Suicide prevention model and its application**  
in the municipalities of Lithuania

Rotary action group on Mental Health Initiatives

[www.ragonmentalhealth.org](http://www.ragonmentalhealth.org)





Ursprung  
Kerkent  
Erste...







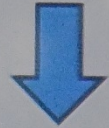






# At the clinic

Patient comes directly to the clinic or is brought by the caseworker



Registration at the clinic



Screened for medical & psychiatric illness



Psychometric tools administered



Collateral information collected from family members



# “Maanasi Software” : Phase-1 Completed

1. *Complete data migration from handwritten records*
2. *Web Portal with following features*
  - a. *Users Management*
  - b. *Mental Health Patient Information Management including Basic details, medical history, treatment details, follow-ups*
  - c. *Roles & Permissions management*
  - d. *Master data management*
  - e. *Research level advanced search*
  - f. *Downloading “masked” patient details*

# Phase 1 completed

- . Mobile Apps for Android Platform*
  - a. Patient data collection app*
  - b. Using Tools from App*
  - c. Add/Update Medical History*
  - d. Add/Update Treatment details*
  - e. Add/Update Patient follow-ups*
  - f. One page Patient summary*
  - g. Psychiatry Tools*



# Maanasi Phase 2 in progress

At the clinic	In the field
New patient enrollment	Location based Distance calculation for Health workers
Physician Schedule	Bedside demographics, psychiatric screening tools for diagnosis
Patient visit Schedule with reminders	HIPAA compliance
Tasks management with videoconferencing	User Experience & User Interface With ability to modify
Caseworker appointment schedule	Phase 1 enhancements
Caseworker log in at clinic and via GPS	MIS reports generation for administration and research

# Project Maanasi - Future Plans

To

- Set up additional Maanasi Clinics
- Improve the visibility of the project to Rotary district, national and International level (has been duplicated in Lithuania and Kenya)
- Collaborate with other Rotary clubs to scale up the project
- Leverage IT to improve efficiency , and patient management
- Provide interactive video conferencing facility for specialists at the Maanasi Clinic
- Raise corpus fund of min. Rs. 2.0 Crores (\$267000) to make the first clinic self sustaining
- Partner with business enterprises for contributions from their CSR budgets to scale up the project

# Costs of operation

- One time software production at cost price is \$16000
- All contributions by specialists and Rotarians are free of cost
- One time maintenance cost estimated at about \$3000.00
- Operating costs of clinic are around \$2500 annually for infrastructure upgrade
- Computer systems, Emergency power generators, Communication and Videoconferencing systems, Mobile phones, & increased bandwidth costs: One time expenditure and annual maintenance is estimated at \$7600
- Free medications cost \$5400 annually
- Health workers salaries, transport expenses etc.: \$11000 per year /clinic (for 4 health workers and use of van and 3 scooters)

# Fund Raising efforts

- Rotary Foundation Grants
- Fundraisers by Rotarians of Howard West for over 20 years
- Corporate Partners: Adopting one and more Maanasi Clinics from their CSR funds (Corporate Social Responsibility)
- Technology Partners : Contribute funds, equipment and technical expertise for Computing Systems , Printer , Mobile Phones Computers, Video Conferencing Systems, Networking Systems , Software Applications, and yearly operational expenses for one or more Maanasi Clinics
- Medicine Contribution Partners: Providing required medicines for one or more Maanasi Clinics on the yearly basis
- Hospital Partners :The partner to provide free trained doctor care services to the project on long term basis; site used for teaching and research
- Individual Donors: Amounts from \$100 to more

# Maanasi Teams

## India

*Ramesh Bulchandani*

*Ramesh@kmbestates.com*

*Ajay Goel*

*ajay.goel@alumnistanfordgsb.org*

*F R Singhvi*

*fr@sansera.in*

*Rajeev Sikka*

*Rajeev.sikka@sikaglobal.com*

*Bhaskar*

*Sunin.bhaskar@gmail.com*

*Punith Jalan*

*punith3105@gmail.com*

## USA

*Professor Geetha Jayaram*

*districtgovernor2122@gmail.com*

*PDG Jayaram Kumar*

*jayku2006@gmail.com*

*Members of the Howard West Rotary*

*Moses Karogi MSN*

*mkarogi@jhmi.edu*

# Front line community medicine and psychiatry staff

- Dr. Ramakrishna Goud, Director and Chair Community Medicine  
maanasi@sjmc.org
- Dr. Suhas Chandran, Assistant Professor, Department of Psychiatry
- Dr. Natasha Saldanha Instructor, Department of Psychiatry

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# Rotary Action Group on Mental Health Initiatives

## **AREA of Focus: DISEASE PREVENTION**

The Rotary Action Group on Mental Health Initiatives (RAGMHI) promotes mental health and wellness. Its members address the number one cause of disability worldwide - mental illness - through practical activities and projects that any club can introduce. As a result, communities improve access to treatment, confirm that mental illnesses are treatable, and learn that many cases are preventable.

Join us as a member, check out the *Reconnection* and contact one of the speakers listed below to schedule his or her presentation for

# Donations to sponsor

- One needy patient: \$60 per year for medical expenses
- One student to complete college: \$150 per year
- Bikes for 12 caseworkers is \$600
- One young girl's education through High School is approx. \$115 annually



# Transatlantic work takes

Cooperative work and overcoming challenges

Demonstrating positive outcomes

Sharing one's mission through advocacy and personal involvement

**So I ask you all:**

Will you join me in the Rotary spirit?

Email me at [districtgovernor2122@gmail.com](mailto:districtgovernor2122@gmail.com)